

From Barbara McCarty  
January 20, 2014

Dear Ms. Kessler , Monday , January 20 , 2014 , 2:44 pm

Although I have forwarded this important information ( re: S.287 ) to all the email addresses of all the senators , I am appearing to be unable to get through to any of them . The emails all register in my "Sent " box ; but then not a one even shows up in my ( frequently refreshed ) Inbox at all .[ Exception: I have had a 'Mailer - Daemon Failure Notice " come back from Sen. Lyons.]

I have to ask you that you personally forward this email to the entire committee ASAP ,( especially these 2 files ( above) are very important just to have , as substantiating information --not just for me, but for all who oppose this bill , They document the proven experiences of many , besides myself , regarding forced medication ( Centers for Medicaid & Medicare in Boston can verify this.. Also , this same information played a solid role in the 2nd VSH Decertification.) An updated letter is forthcoming.

May I also please receive , ASAP , some sort of confirmation email from you that all the senators received this ? I know it seems like a burden , but we have all been through this too many times before / many years before / over and over , it seems without justification.. Because Forced Psychiatric Drugging is deadly harmful / life -altering / useless. Used primarily to gratify the pockets AND sadistic agendas of modern psychiatry and the court system . It certainly does not help the patients , it uses them like livestock , often to the very ruination , even end , of their lives . This has been repeatedly proven , by countless people all over the US and Vt , for many decades now . When so many of the committee here , and elsewhere in government , have had this burden of proof given to them time and again already , then why are the good people of the state of Vermont CONSTANTLY under siege every new year ? Why are our most basic health & human AND due process rights repeatedly being threatened by our elected ? Why is Governor Shumlin supporting this ? Does he not have access , at any time he wants

, to the entire history of testimony and PROOF already ,amply given to this committee ?

Barbara McCarty "Another Way" [verashona509@yahoo.com](mailto:verashona509@yahoo.com)

[ this same REBUTTAL (below) was ALSO FILED, by B McC,  
AS FORMAL COMPLAINT TO CMS, BOSTON,  
CENTERS FOR MEDICARE/MEDICAID SERVICES  
Re: FUNDING / FEDERAL CERTIFICATION ]

{ the below items are addressed - not in order of general importance  
re: other patients --- but in the order that they were presented as false  
claims, accusations, and "excuses" to keep me in VSH AND force-  
drugged, pretty much indefinitely ( as they do with many other  
patients, for years on end, no matter what they claim otherwise ) .

The lead incident -- this of the unnecessary, retaliatory force -  
drug attack on me by staff Nov. 9, 2004 -- was cited as the  
primary " terrible danger I would have presented to self and /or  
public were I released ", when clearly it was their own Unwarranted  
attack ,

- 1- that was not only a clear violation of the Patient's Bill of  
Rights, ( and my right to least restrictive environment )
- 2- but a gross misrepresentation of Pt., intending to deprive me ,  
not only of return to my free life, but also my parentage ,  
( also eventually, would cost me my home and land ): pure  
Perjury and Malpractice
- 3- obviously a "premeditated attack upon a vulnerable adult "
- 4- which might have resulted in permanent damage, trauma
- 5- all this , to retaliate for VSH's untenable abuse upon many pts

This all was rejected by the judge, and I was released to go back  
home . Although thanks to VSH's LIES , and the long time since, of  
appeals , I WAS NOT PERMITTED TO SEE MY SON AFTER THIS .

I HAVE BEEN SEPARATED FROM MY SON FOR THE LAST 7  
YEARS AS A RESULT OF ALL THIS --- even minus valid basis !!

But this stands as a prime example of the way VSH ( with Dr.  
THOMAS SIMPATICO as Director ) inflicts maximum , unthinkable  
abuse on innocent people --- then tries to turn their abuse around into  
something that is blamed on the pt.; invariably something that can be  
turned into money - making incarceration and FORCED DRUGGING !

\*\* THE TERRIBLE ABUSES OF ALL OTHER PATIENTS ARE  
CONTAINED AFTER MY OWN EXPERIENCES ,ON PAGE  
For confidentiality reasons I was asked to incl. their names , and abuse and  
Medication info (details, Forced amounts, and times, dates ) separate } \*\*

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( filed in both ) WASHINGTON COUNTY FAMILY COURT ,  
also with HABEUS CORPUS PROCEEDINGS , in  
WASHINGTON COUNTY SUPERIOR COURT  
and CALEDONIA COUNTY FAMILY / JUVENILE COURT  
“ In Re : K.M. 65 - 9 - 03 Cajv “

McCarty vs  
Vermont State Hospital

#### REBUTTAL

( To VSH's " Petition for Permission to Involuntarily Medicate  
and for Year's Additional Stay at VSH " for Barbara McCarty )

1 - Rebuttal to Incident of my UNWARRANTED and so  
ILLEGAL FORCED DRUGGING and SECLUSION on Nov.9, 2004 ( false  
accusations by VSH staff that I was “ dangerous , disorderly” ) :

Virtually all the VSH staff who testified against me here ,  
including Dr. THOMAS SIMPATICO , Medical Director , have chosen to leave out the  
most important aspects of that incident , which they had full knowledge of, and they have  
instead chosen to portray me as “ wild, violent, etc.” ( It should be noted that this unwarranted  
attack on me by staff came the day that my full complaint reached the desk of Dr. Paul Jarris,  
Health Commissioner, assigned to oversee VSH complaints after the patient suicides ; this  
was complaints by myself and other patients about many, many wrongdoings in VSH.)

A ) Staff had a duty to intervene and make the other patient ( a frequent  
troublemaker) cease the verbal attack she had started, without provocation. They refused. I  
was already sick, ( physically) as I had been, for being unnecessarily and unfairly kept indoors  
for a week straight, or really , since I arrived here Oct. 18, because :

Dr. ROBERT DUNCAN was ILLEGALLY denying me even the

fenced - in " yard rights " that ALL patients are supposed to have , regardless ;  
let alone any  
" Grounds Rights " ( i.e. use of Library , Gymnasium , Occupational Training ,  
" Canteen " store ). This means my ENTIRE WORLD , FOR APPROX. 1  
MONTH , WAS THE 2 DIM , STINKING HALLWAYS OF " THE WARD " ,  
BROOKS 2 -- ONLY !

His ' reason ' : " Because I refuse to admit that the Vt. and Ct. DCF  
BASELESS ( means : w/out any VALID basis of Abuse / Neglect / Educational  
Neglect ) REMOVAL ATTEMPTS on my son were mere ' PARANOIA ' , or '  
DELUSION ' on my part " .

( This , when I had the DCFS ' OWN PAPERS proving that  
exactly just this HAD HAPPENED --- the Ct DCF " IP " Report , and the VT  
DCF Dec 2003 Disposition Report --  
--- that both DCFs HAD indeed persisted towards his seizure WITHOUT  
having any Ab / Negl / Educ Negl Basis .

-- and so all this was No " Paranoia " on my part ( psychiatric text  
standards : means " UNWARRANTED Suspicion " )  
-- nor was all of this any " Delusion " ( means " Fixed , FALSE belief " )

And , Dr. Duncan claimed I was denied these basic rights , " Also because I  
refused to ' take my Meds ' for these ' delusions ' " --- which of course I  
refused to , due to :

---- not only the fraud involved ( implied , false guilt ' admitted ' , if I agreed )  
---- but also the terrible risks of , both , the SIDE EFFECTS  
---- and also Not being able to prove my own case once I was under the  
drugs' effect ( My court - appt'd Atty DOUG WILLEY had NOT WORKED  
FOR ME in court ! He did NOT see to it that the truth , and my merits ,  
were acknowledged in the Record ! )

( Complaints about " there not being enough staff " – not always true, and if it is , it's their  
problem . If they are so chronically understaffed that they cannot run a hospital right, even  
humanely, than they need to be shut down immediately . Given VSH's reputation, not  
everyone wants to work there.

Another excuse was " It's too cold " . It was foggy and 50 degrees  
Fahrenheit . No excuse. All the Pts. were Begging to go out, and we did Not , FOR  
A WEEK ! )

VSH's " policy " , supposedly always in effect , agreed to by CEO Terry Rowe  
( and supposedly won in grievance hearing by Vt. Protection and Advocacy action started  
by me ( But which hearing I was not allowed to attend ! \* ) – this policy established " clear  
protocol for DAILY USE of ( fenced in ) YARD for ALL " , as opposed to mentally

and physically sickening longstanding "tradition" of VSH

( End pg 1 of 24 handwritten)

-- "tradition" of locking everyone indoors, regardless, ALL winter ; regardless of staffing, or of Pts.' Good behavior , which is what the shift nurses and Dr. Simpatico actually do to us

Also, Hospital policy of SHUTTING ALL WINDOWS , including everyone's BEDROOM windows , from FALL TO SPRING !

IMAGINE NOT HAVING A SINGLE BREATH OF FRESH AIR , for MONTHS ON END !!

We are currently all locked in now, Due to the Elopements ; see pg 10. We were locked in then, 1<sup>st</sup> solid week, except for the cramped, humiliating, smoke -filled , animal -cage of the "smoker's porch". This is an iron- mesh - enclosed, 10' by 20' foot , crowded , smoke- filled trap supposed to qualify as our "fresh air" . This is all we get ; a few minutes at a time, every few (approx. 2 ) hours . It is the only outside air we get, save for official "fresh air" break for non-smokers , a total of 10 minutes out of the 24 hours ( and these are usually only held late at night . Imagine waiting ALL DAY LONG for a SINGLE BREATH of fresh air, and this only AT NIGHT ! )

I am used to wonderful , all day-long hard outdoors work ( i.e. I was building our new house addition when I was arrested) ; I'm also used to running or walking 5 or more miles daily since my teens..

This sickening confinement is undeserved torture in and of itself, and by the Patient's Bill of Rights, is NOT supposed to be used to have this "punishing" and unhealthy effect, or any place at all, in so-called "mental health" services given to innocent patients. ( SEE : "Patient's Rights to Least Restrictive Environment" / also Patient's Bill of Rights / also CMS Decertification Report (FOIA papers) )

This other patient \* started the SOLELY VERBAL argument ( as she does with many other patients ) ; her taunting to the effect of "I hear that soon Dr. Duncan will succeed in getting an order to force drug you , then I hear he intends to f--k you". Obviously this was unbearable to hear and put up with ;

ONLY I was ordered in off the porch and back to my room.. I could not stand-- physically, humanly ---the nausea of being right back in the building's thick, fetid air any more ( after a whole , unrelenting WEEK ! ) , so I sat my ground. ( What I did exactly was quiet down -- all I had said to her , anyway , was " Shut the Hell up, Jane!" , nothing more --I took a far seat across the porch , as far ( 20 feet) from Jane as possible . I sat extremely quietly .

I asked my "team nurse" Lori Moore to "please intervene". She refused , as she has always REFUSED ALL rightful treatment towards me ( And yet Dr. SIMPATICO REFUSED TO ASSIGN me a NEW NURSE ). And all I said then was that " I had the same right to outdoor air that everyone else had , if I was quiet , and I was quiet. "

B ) Not only did staff violate this , they informed me from the start " That I

was GOING to be medicated”,. This is in clear violation of the Patient’s Bill of Rights  
( end pg 2 of 24 handwritten)

Only clearly dangerous, unstoppable Pts are medicated and secluded this way ; not ones already quiet , and merely maintaining they have the same rights as everyone else ( See Restraint and Seclusion” from ANA – American Nursing Association Standards / also CMS )

I -- we -- were Never physically fighting ( not even close to it). And at No point , was I ever , even remotely , " a Harm or Threat to her/ to staff/ to other pts./ to myself .

Moreso, once having calmed down , it should have been over.

Also, I never once – as the doctor claimed – " saw or spoke with any doctor prior to the forced medication."

VSH staff had NO RIGHT , they had NO FACTUAL , and so no MEDICAL or LEGAL right declaring for me “ intent to use drugs” ( REGARDLESS ) from the start and then just proceeding straight to that. ( later, “Nurse “ Lori Moore would Brazenly tell me that “ once they’ve prepared an injection they ALWAYS USE IT , regardless” . Of whether it is still actually needed or deserved? Or are they just making sure they’re “getting their moneys’ worth” of these expensive drugs? Or was it harassment and intimidation after the Dr. Jarris complaint? Or the DCF complaints ?

It qualified as assault on staff’s part , and that was the only reason that I physically resisted. I could Not Stand the thought of the impending shot , which I knew-- from seeing it in others—and indeed it DID make me -- totally sick, bedridden, and unable to think, read , write or function in anything near a normal capacity all the next day . One is afraid of being rendered so helpless ; especially by these malefactors . They used Haldol ; Ativan ; and Benadryl , the same Meds as asked for me for in the 1<sup>st</sup> and 2<sup>nd</sup> Petitions for Forced “ Longer Stay and Involuntary Medication” that VSH sought\*-- and then some more . DAILY USE of these " meds " will MAKE A VEGETABLE out of ANYONE ; it will certainly incapacitate them mentally, and so legally ( to where Self - Help is impossible ; is only a memory ; IF memory is still functioning then ..)

I HAVE PERSONALLY SEEN THIS HAPPEN TO MANY !! They enter VSH High - functioning ; they leave VERY IMPAIRED ( Unable to remember , talk , or write Well ( certainly not technically ) ( if at all ) ; unable to self - organize / to exert themselves / handle stress, or sustained activity / handle temperature extremes .. the list goes on ) SEE LATTER ITEMS here in this Rebuttal .

Also , I could not stand the gang of 10 men ( staff) coming up from Brooks -1 , “to help”. I was Dragged in off the porch by 10 people , thrown in a seclusion room. These 200- and plus- pounders were sitting on all parts of my body , SITTING SQUARELY ON MY HEAD until I SCREAMED ( they still did not move) ; and “ Nurse” Mark Kavanaugh YANKING MY PANTS DOWN . and injecting me in the hip , ( when there are OTHER places to give an injection ). My license complaint against him was well- received ( by Ms. Brenda Tetrault ) and is being investigated by the Nursing Licensing Board.\*.

C ) Defending me at the Hearing , Dr. Craig Van Tuinen neglected to mention that he Did contact my friend ( who took my son home the night of the May 2, '04 , FALSE "Truancy" arrest, thus kept him out of SRS custody). And this friend confirmed that DCF's social worker ( TINEKA MITCHELL ) WAS at the arrest with the stated intent to seize my 9 year old son ( she TRIED to DENY this ) - seize him with – she knew – No Basis of Abuse/Neglect/Educational Neglect ( this already admitted to on Dec . 2003 DCF Disposition Report) . Especially as the Vt. Dept of Education created this criminal, false "Truancy" ( end pg 3 of 24 handwritten)

**For the VDE to " enable " this seizure ( by Unreasonably and ILLEGALLY 'disallowing ' perfectly acceptable, State of Vt - ACCEPTED , STANDARDIZED CURRICULUM , and Vt . licensed teacher(s) -- assessed ADEQUATE Homestudy Results / thus denying us 'enrollment ' into the program. / thus deeming us " truant " / even though our son is EXACTLY as ADEQUATELY HOMESCHOOLED AS ANY OTHER CHILD ENROLLED IN THE PROGRAM .)**

It is unendurable, the whole thing : the VDE injustice used to" justify" a seizure of our little boy ( into DANGEROUS , UNCONTROLLABLE , un-needed FOSTER "care " ) . Or for that matter, any Seizure Attempt by DCF of any Un-abused, Un-neglected, un-educationally neglected child from FIT , LOVING parents. Children are abused , beaten , raped , even KILLED in Foster.

What parent could keep from resisting this? Or even Should have to keep , from protecting their own child? WE HAVE A CONSTITUTIONAL RIGHT TO DIRECT THE UPBRINGING AND EDUCATION OF OUR OWN CHILDREN ! Under normal circumstances, I am never a " threat to myself or any others" .

Regarding the September 2, 2004 arrest : My ( now, ex- ) husband swore out – he admitted to me since -- a phony Restraining Order , under direct threat and duress from Judge M. KATHLEEN MANLEY ( She having , I argue , NO AUTHORITY to FORCE this mentally and physically disabled man TO LIE. She ordered him " to give her a Restraining Order on me –TRUE OR FALSE , so that I could be jailed , " out of the way " – and to enroll our son Kier back into ( for him , abusive and dangerous ) MILLERS RUN ( Sheffield , Vt ) public school, ( even minus ANY basis of educational neglect ; in fact , this judge KNEW he had FAR BETTER GRADES in Homestudy ). She ordered my Ex to do this , or " Dennis would be put into prison and Kier would go to a foster home" . ( Dennis then knuckled under and complied ; he said " he was afraid his cardiac condition would not survive prison" , which very well might have been true ( He has blood pressure of 220/ 120 , extreme danger zone ). And he gave a run of falsified Absurd complaints about me, which my new atty ( SANDRA PARITZ, of St Johnsbury Legal Aid ) said this so - called R.O. " never even bore the statutory requirement of true , imminent , Harm or Threat required for an R.O. " / and which bore NO Burden of Proof / and certainly NO physical injuries to child or Ex " . For there were none .

But which this judge had signed in to order anyway. For 2 years she had been seeking DCF seizure of my son WITHOUT ANY Basis of Abuse / Neglect / Educ. Neglect . And prior to this R.O. , I had successfully maintained our case in court to that point / Preventing his baseless seizure / Having the baseless Pick - Up orders RESCINDED at the

VT. Supreme Court level.)

When he disappeared with my son for 3 days, and I called the police to report them as “missing persons” ( NOTE : I did not know anything of the R.O. then ) I was jumped and pepper-maced without any provocation by the 4 police when they came ( the one who maced me , a TPR. EUGENE DUPLISSIS , had brutally assaulted me in the barracks, also without provocation ,back in the May 2 arrest . My complaint against him to Internal Affairs Dan Troidl was completely whitewashed, and ignored .) I panicked ; I had no idea why I was being arrested , or if Dennis and Kier were safe ( Were they the victims of unfair police brutality also? ) Again, under normal circumstances in public, I am Never a “threat to anyone or myself”.

2 -- Regarding Dr. Simpatico’s purported “Diagnosis” of “Delusional Disorder” and “Paranoia” on my part :

He claims : “ He, Dr. Cotton, Dr. Duncan , and Dr. Molloy ‘all agree’ on this .  
“Diagnosis “

My Legal Record clearly shows : Dr. Cotton fabricated my 'Competency Evaluation' when I exercised my LEGAL RIGHT TO REFUSE to take one , FORCED upon me WITHOUT the “Good Cause Shown Only “ \* by Judge Manley ( as required by VRCP 35(a) ). Her 'justification' or 'reason' for forcing me to "competency evaluation" being merely “my citing the DCF and VDE injustices and incidents as 'cause of the case ', WHETHER THEY PERTAIN or not " ---- which they undeniably ARE , the " cause of this case " ! How does this supposedly show , let alone 'prove ‘ "Incompetency" on my part ? It DOES NOT!!

-- And it was my right, also my NEED , to cite this ( as I was being repeatedly misrepresented by ALL court -appt'd atty's ); and so forced to testify pro-se, in order to cite this fact .

--These Doctors' "findings” are in NO WAY AT ALL SUPPORTED by the actual legal file ( the Record)—indeed , they are CONTROVERTED by it ( See Argument of Dr. Simpatico supporting Delusional Disorder vs. my Rebuttal for the same ). They have NO VALID , TRUTHFUL , PROVEN BASIS for any of their purported " DIAGNOSIS ”.

41 - Cotton's "Competency Evaluation“ for me ( or "report" ) is not even the standardized , COMPREHENSIVE competency exam REQUIRED for mental hospital committal . It is a 100 % UNSUBSTANTIATED , indeed careless , LAZY FARCE of run - on , un- tied - together statements and downright LIES ( Given that he HAD READ , in my presence , a copy of the Record , which contains / as the Court Record does / AND all these same CT DCF IP report and VT DCF Dec 2003 Disposition pages, etc ./ and as are also in the PC here .)

42 Cotton’s license is already under, I believe, ( Marks' ? ) investigation for such other medical malpractices , and fraud . ( In fact , he was the one “ Dr.” at the helm of virtually Every other fraudulent / or grossly over-exaggerated / or extremely inaccurate , terribly un-just , wrongful VSH committal / AND Dale Correctional sentence referral or "report" that I encountered in the others that were being WRONGLY HELD while I



was there : a significant player in Vt.'s INCARCERATION FOR PROFIT .

- 43 Dr. Molloy never even read the Record! ( As Dr. Duncan and Dr. Simpatico had at least Admitted they'd done). He had No basis for ANY' diagnosis'.
- 44 I had begged Dr. Simpatico's intervention in this out of control, DEEPLY UNJUST, deliberate, COSTLY ,and time-wasting misrepresentation since Nov. 15 ; I only got it recently—(January )
- 45 ( SEE MY LETTER TO HIM
- 46 then DR. SIMPATIO PERSISTED WITH ALL THIS SAME FRAUD AGAINST ME HIMSELF . As he does with all the others : to maximize on " Longer Stay " and , of course -- " Forced Medications " .
- 47 Dr. Simpatico and Dr. Duncan had read the legal file ; so their gross misrepresentation of the facts as " Paranoia and Delusion on my part" ( the events happened , these Court/DCF/VDE injustices; they are supported, proven by the documents of these parties themselves, and I DID NOT " IMAGINE " the whole thing") – this is inexcusable, intentional on their part ; perjury , and Malpractice.
- 48 My valid license complaint about them all are well-received by the Licensing board and being investigated.

B ) Simpatico and I are NOT " proceeding closer in therapy" ( his claims). I detest a liar who would wreak havoc on the lives of myself, and so my son, and the other patients by persistently, deliberately misrepresenting those trapped in this bldg, unable to get out ; and I've told him so. His only goal is to whitewash VSH and its massive and chronic abuse of me and the other patients ; and to forcibly use neuroleptic drugs in order to achieve this.

C ) It is NOT " Paranoia and Delusion " on my part , and my legal file clearly supports the following as fact :

--- collusion or cooperation between University of Connecticut police , Ct. DCF and Vt. SRS( DCF ), &the Vt. Millers Run School ( Affad. Ref. # 5 a-c, # 28d ; the Ct. DCF " IP " reports)

---- the one Uconn policeman's 6 year long ( intermittent) stalking of my family was real and supported, as was his role in the theft of Dennis' moped ( affad. Ref.# 6, complaints to his boss , read in its entirety , with proof of mail. )

-- Ct. DCF's , and Vt. DCF's , and Judge Kathleen Manley's , then, undeniable, determined and repeated attempts ( 3 times in 2 years,) to remove our son into foster care WITHOUT ANY BASIS IN ABUSE / NEGLECT / OR EDUCATIONAL NEGLECT after the Vermont Department of Education facilitated this so – called "Truancy" by unreasonably, illegally denying us enrollment into the state Homestudy program;

( See Ct DCF " IP " reports, pgs 6, 7, 8, 10 , 12, et al / also Vt DCF Disposition Reports , Dec. 2003 pgs. 7-9 ; and our Rebuttal ( "E" in file "A-M" / Fall 2002 SRS Petition ( 50-7-02 Cajv : Docket Entries ; also Homestudy Assessments 2002 PC 18,55, and 67 ; also one for the 3<sup>rd</sup> grade, entered now.)

[ I WILL INCLUDE THE PC FOR THIS DCF PART AS SOON AS I CAN TRANSCRIBE THE DIGITAL PHOTOS OF SUCH / TO TRAVEL DRIVE/ TO EMAIL . MY OWN PC " WIZARD " IS NOT

( end pg 5 of 24, handwritten) { WORKING RIGHT NOW }

- 1- This ONLY AFTER we went to the Ct. press about the UConn / Ct DCF abuse of our son .
- 2- The reporter from the Hartford ,Ct. newspaper wanted to speak to school staff, regarding the May 2 , 2001 PHONE CALL ( from UConn police , to Millers Run school staff : Which staff VERIFIED ( to both police AND to Ct DCF) our son had both HOME and ADEQUATE SCHOOL ENROLLMENT and ATTENDANCE in Vermont .

Therefore he ( we ) were Never “ Homeless “ or “ Truant “ ( this being the sole basis for their hellish , unwarranted harassment of us that day , and also their ATTEMPT , for 4 HOURS AFTER THIS PHONE CALL on May 2 TO SEIZE OUR ( then, 6 y.o. , screaming , crying , and terrified ) little SON into DCF custody anyway , -- WITHOUT ANY VALID BASIS !

- IN 100 degree F heat , ( this Unjustified and needless stress could have killed his father , with his bad heart and very high blood pressure ( 220 / 120 )
- Even AFTER a Ct. Judge ( telephone conferenced that day ) TOLD them they had “ NO GROUNDS FOR A 96 – HR ( or for any ) HOLD “
- Even AFTER DCF social worker and Police KNEW and ADMITTED ( IP report ) that we HAD to make a 1 pm Dr. Appt with the Ex’s cardiologist , for a paper which was IMMEDIATELY needed to clinch the Ex’s ( State Workers’ , cardiac ) Disability Retirement Appeal . ( This was the SOLE , entire reason that we were down in Ct ! ) ( SEE CT DCF IP REPORT pgs 6 , 7 , 8 , ) --- that the Appeal RELIED on this – that they had NO RIGHT to IMPEDE , which they apparently intended to do from start ( see IP pg 6 notes )
- Despite this horrible day , the Dr. agreed to see us the next day . And he gave us the paper --- which indeed WON my ex the Appeal .

- 3 - the Millers Run school secretary MARCIA THERRIEN helped to verify to police on May 2 that “ we were Not ‘ homeless ’ or ‘ truant ’ “
  - I informed school principal NANCY CROTEAU , after all this , that the Ct . news reporter called me and said he NEEDED TO VERIFY THIS ALL – IMPORTANT PHONE CALL between school and DCF / police ; that is , in essence , that the CT DCF AND UCONN POLICE PROCEEDED WITH ( BRUTAL ) REMOVAL ATTEMPT LONG AFTER

KNOWING THEY HAD NO CONCEIVABLE LEGAL BASIS TO DO SO!

4 - Croteau is initially agreeable, and invites us to come in to fill out a "Release for Confidential Information" school's form.

5 - We go to the school / we fill this out (gives school permission to speak to this reporter)

6 - then Croteau (in a very unexpected, Unwarranted, and ACID manner) suddenly informs us that "she has NO intention of speaking to the reporter on this matter!" (she gives No reason, but furthermore, that -)

7 - "we must be IMAGINING the whole CT. Incident!"  
(What with our cell phone bill, and Ct DCF IP reports VERIFYING all this! What Possible incentive on her part, to act like this now?)  
(But see on CT DCF IP report pg 10, 12 where she has Inappropriate, Belated conversations with Ct DCF (this SW's supervisor had CLOSED our case) And she even gives to CT DCF SW our VERMONT street address and phone number-- and he gives it to the same UConn policeman who had intermittently stalked us for 6 years (at our home, and along the roads, both OFF CAMPUS; displaying, among other things, inordinate interest in my, then, infant son) I HAD ALREADY EXPRESSLY FORBADE THIS SW TO GIVE OUT THIS INFO!

WHICH WAS OUT OF THEIR JURISDICTION! AND OUR CASE WAS WITHOUT BASIS --THEN OUR CASE WAS CLOSED -- ANYWAY!!!!)

8 -- But despite all this, this school principal CROTEAU then declares that "furthermore, she has 'CONCERNS' about our 'MENTAL STATE' " And so on, so forth, to the effect that she 'believed' that our dear son Kier "Was 'not safe' with us" (We'd never had any such accusations, ever, before"

9 -- Croteau was joined in by many other petty school staff, incl. self - proclaimed "Behavior Specialist" DONNA DUROCHER, who chimed in on this raucous and severe harassment WITHOUT ANY SUBSTANTIATION (she knew). Also joined by some other Unknown teachers, whom we'd never even met! And who had, themselves, NEVER EVEN MET KIER! (But this sort of knee-jerk, team-playing, including frequent use of gag orders, was very common at Millers Run)

(Later on DUROCHER gave much harmful FALSE witness, against us and Kier, at the VDE Homestudy Hearing / thereby directly having a hand in the VDE - constructed, purported "truancy" / Some time later, she lost her job at Millers Run)

10 -- We were already aware of the many false "mental illness" charges brought against innocent parents in this state, in order to "justify" removal of un-abused children into the high-paying DCF foster "care". We'd heard from these parents directly / viewed their family court papers / this also verified by activists on the matter.

■ As it was apparently now Our Turn / AND we'd heard how local police came unannounced directly into the schools and seized the kids from there,

regardless of merits

- AND as the Millers Run staff were now clearly Not honest, and not mentally balanced themselves ( suddenly now, having ‘ interest ‘ and fraud ‘complaints’ of our son ,suddenly claiming he did “ not have food“ (of course not true! ) ( see Ct DCF IP report )
- And the Vt DCF Never bothering us before , in all the 3 years we’d lived here peacefully in Vt. /NOT interested at time of Ct. event ( see DCF IP report , bottom , pg 10 or 12 : she “ did not think the report would be well received “ )
- But then this SAME (uninterested) DCF “ Investigator “ KATHRYN BERGERON becomes suddenly interested and COMMITTED to Kier’s Baseless Seizure , when she was one of three that signed the Dec 2003 Disposition Report .
- We felt ( realistically ; most other parents agree ) that Kier was conceivably , possibly NO LONGER SAFE in Millers Run School ,
- AND we had the ( same valid ) right as any other Vt. parent , to Homeschool him . It is our Constitutional Right , both State and Federal ( And Not subject to schools’ own misconduct / bias / or even whims “ deciding “ for us whether or not that our homeschooling our son would “ be allowed by them “ )

And so we withdrew him from Millers Run School , with all its inappropriate behavior and threats toward out son . Then -- AND THE ENTIRE LEGAL RECORD SUPPORTS THE FOLLOWING AS TRUE :

- Then CNSU Superintendent MARYANN RIGGIE threatened me on the telephone to the effect of “ That she intends to see to it that ‘ Kier’s Homestudy enrollment WILL BE BLOCKED AT THE STATE LEVEL , and so , REGARDLESS of any good HS results on his / our part , THEN HE WILL BE CONSIDERED ‘ TRUANT ‘ and subject to DCF seizure “
- How INCREDIBLY CRUEL and stressfull , for a little boy aged 6 !! How needlessly hard on his education , his emotions , his family , his future !
- The VDE Refused our enrollment pack w/out any good , real reason ( we wanted to use one of their own , VDE – accepted , standardized curriculums , the ABEKA curriculum : we could not possibly go wrong ! ) . We were called to a hearing .
- At the hearing , I presented the FINISHED , very successful , VT Licensed teacher – assessed Homestudy results on this curriculum , ( which according to both the teacher , and Vt. state statute , we “ satisfied all statutory requirements for Homestudy in Vt “ . And so no LEGAL grounds existed to continue to deny us enrollment , after good HS results like Kiers’ here had been thus ACCEPTED INTO EVIDENCE ) . It was up to the VDE now , to act fairly and legally , and NOT continue to Unreasonably , and so Illegally , Deny us Enrollment into the program , apparently only ( according to Riggie ) just to create a “ truancy , which would then allow for DCF seizure “
- But that is exactly what happened anyway . Although the Exhibit , quality HS Results were beyond dispute ( and on the “ hearing order ‘ , NOTE : ‘ Impartial Hearing Officer ‘ BRUCE BJORN LUND DID NOT DISPUTE

the results themselves !! for He Could Not! )–

■ We were STILL ( unfairly ,illegally) DENIED ENROLLMENT , based solely upon the (quite frankly obvious, ridiculous, and artless ) 100% FRAUDULENT, 100% UNSUBSTANTIATED SLANDER of DONNA DUROCHER and MARYANN RIGGIE , both of whom had presented as VDE “ witnesses “, and who derided me as “mentally ill “ -- ( this completely WITHOUT ANY proof ,or substantiation ,of any kind on their part )-- and so ,somehow ,supposedly “I was ‘ unable ’ to deliver Homestudy , even using the acceptable ABEKA curriculum “

■ --- Even though I JUST HAD delivered Homestudy ,adequately! This fact was Beyond Dispute ! ( see Teachers ‘ assessment ( s ) , of grades 1, also 2 and 3 )

■  
■

■ And so I had already satisfied the requirements of the Homestudy Statute ( 166b ) -- and so this case ! --- in and of itself ,we were ENTITLED to HS enrollment now , notwithstanding any illegal, obviously false , downright MORONIC VDE “ witness “ SLANDER,

■ Especially as I had ( rather easily ) REFUTED AND DISPROVED ALL of the so – called “ mental illness “ accusations ; I was the ONLY ONE here who factually Substantiated my side ; they did NOT.

■ It should be especially noted that the “ mental illness ” accusations centered conspicuously around my involvement in the “ Ct. ( DCF /police ) Incident “ . Wherever I had Truthful or Valid involvement with , or even mention of , that “ Ct incident “ ---

( such as the catalyst for school withdrawal , and so decision to Homestudy , being the disagreement over the Unreasonable refusal of school staff to give the Ct . reporter the TRUTHFUL , crucial information [ re: the May 2, 2001 phone call ]

---- also how all or any of this DID NOT conceivably JUSTIFY schools’ attempt to block our Constitutional RIGHT to Homestudy , which Right we HAD , regardless of dissent with any school , provided I could deliver the Minimum Course Requirement --- and I did just deliver it .)

----- any needful citing of the “ Ct. incident “ on my part was Immediately ( albeit irrationally, or even stupidly ) cited by VDE witnesses as being some ‘ proof ‘ of “ mental illness on Mother’s part “ that furthermore , somehow even rendered me “ ‘ unfit and / or unable ‘ to deliver Homestudy “ . An impossible “ argument “ -- especially as All their claims were disproved , AND I HAD already just Delivered the Homestudy , to the satisfaction of 166(b)!

--- But the simple reality AND JUSTICE of this was somehow lost on the “ impartial “ Hearing Officer ; also on VDE atty BARBARA CRIPPEN ; also on 3rd VDE Witness, VDE “ Homestudy Consultant “ NATALIE CASCO , who had puerile , false “ claims “ of her own here . ( Even though -- PLEASE NOTE -- I had NO PRIOR DEALINGS with -- or even personal knowledge of -- MARYANN RIGGIE or NATALIE CASCO before all this -- nor had Kier -- as I knew they had NONE with us -- and so , No justification for this shark -feed ( Although ,

like DUROCHER and RIGGIE ,CASCO too , was no longer working in her position here ; all 3 were somehow terminated ,shortly thereafter ).

( But all of this at the expense of my helpless 1<sup>st</sup> grader ! That has since , indeed , ruined his young life ! He has lost contact with his mother ,for ½ his childhood now ,and he has been wrongfully subject to unregulated DCF supervision and tyranny( unjustified , un-needed “ Protective Order “ ) that he and his father are now under until he is an adult -- and possibly even beyond ? )

Dcf want custody regardlss

---

----- the VDE created the “Truancy” which enabled this. Dennis and I were never “guilty of Truancy” in the Statutory sense ( we had justification , even compelling, for continuing to Homestudy even without Enrollment. Our valid argument for this ( see my letter to to Atty. Willey 9-9-04) was totally disregarded by Judge Manley , who ignored all our arguments throughout this whole case . But we were both arrested ; Dennis was “convicted” , contrary to the “deal” he made with the court by turning me in and enrolling Kier ; He was given 2 years probation, not the \$1,000 fine ; this , I believe , is not even allowed by the Criminal Code. I was brutally jailed and institutionalized in an attempt at State whitewash and denial of the facts.

---- Our Homestudy program was ADEQUATE ( even if we were blackballed from the program) ; he was educated just as well as any other child allowed enrollment into the program

----- We had fine results using a VDE accepted, standardized, mail-order curriculum( See “B”, Hearing Order ; and the Homestudy results themselves of grades 2 &3

- 47 With tests and quizzes , and Vt. Licensed teachers’ assessments stating that we
- 48 Fulfilled our end of the “ No Child Left Behind” Requirements and also that of the Homestudy Statute 166(b) ; this, even if the VDE did not fulfill their end ; indeed violated it, by disallowing HS results that indeed fulfilled the Minimum Course Requirement
- 49 Please note, that on any of the VDE’s Hearing Orders, there is never any Specific , Legitimate , faulting of the homestudy results themselves ( as there was also none on the SRS Disposition Reports , also the Court’s Docket Entries). Their “decision” was based solely the 100% unsubstantiated slander of the VDE witnesses, including the public school personnel who were involved in the Ct DCF/police maleasance.

end pg 6 of 24 handwritten)

(

I challenge Dr. Simpatico to PRODUCE CONCRETE EXAMPLES DRAWN FROM THE LEGAL RECORD, BASIS TO SUPPORT HIS FOLLOWING CLAIMS , WHICH HE HAS NOT ( See his argument and my Rebuttal) :

--- What is my purported “ Disorganization of thought process”?

- 50 What are my Fixed, FALSE beliefs? ( definition of Delusional Disorder )
  - 51 What was “my confusion” over our agreement?
  - 52 How does “my strategy negate any consensual agreement?”
  - 53 Give examples of my supposed “ poor Judgement” besides my URGENT and legitimate need to get back to my desparately sick husband ( pneumonia), and keep my son from SRS custody ( in event of his death )
- DR . SIMPATICO MADE THESE CLAIMS TO THE WASH. FAMILY COURT:
- 54 That : ( Please tell me ) how “my Homestudy insulates my son from the outside world”, when he socializes with many different friends , and neighbors ,and goes into Town every day, same as public schoolers? How is this different from all the other children “ allowed “ to Homestudy?
  - 55 How does my purported “Delusional Disorder” allegedly “immobilize my other thought processes and the raising of my son”? Substantiated examples, please? ( FOR HE NEVER GAVE A SINGLE ONE )
  - 56 How does Simpatico justify presuming “ I failed to deliver adequate Homestudy” when he personally viewed the Vt. Licensed teachers’ assessments? Also, many HS samples
  - 57 What other purported “Psychotic thoughts” do I have? Concrete examples, please
  - 58 How is he supposedly “working in my best interests “ now?
  - 59 What “threat” to Dennis ( the Ex ) or my son do I pose ? Concrete examples, please
  - 60 Why does my NOT agreeing to willful misdiagnosing , and damaging labeling of me by VSH staff”, ( that will carry on into the outside world ), also
  - 61 Not agreeing to forcible use of (damaging and unnecessary) drugs on me, also
  - 62 Lodging valid, necessary complaints against such gross malpractice—how does all of this ( in his words ) “” equal a ‘ thought disorder ‘ ”?
  - 63 How dare he imply “Dennis wanted Judge Manley’s ( forced, coerced) court agenda , of Restraining Order , Committal w/out Due Process , and Involuntary Medication of me” when Dennis had already attested otherwise? When he Had motioned otherwise in court ?  
( end pg 7 of 24 handwritten)
  - 64 How dare Simpatico imply “ my rigorous involvement with the Courts” ( merely PURSUING statutory DUE PROCESS and APPEALS , and justice ) is somehow “psychotic”? ( his direct words )
  - 65 When at this point, most of the VSH Nurses and staff are testifying in court” that

- VSH is no longer good for me”, [ MIND YOU , IT NEVER WAS “ good for me “ ] -- by what right does Simpatico “ that it is ” ?
- 66 Isn't it true that he still seeks additional stay for me of 1 Year Longer? OR EVEN LONGER ? (quotes Dr. Linder) if I still won't agree to (unnecessary, damaging) neuroleptic drugs ? Or I still refuse to deny what is Incontrovertible in the legal record? QUESTION : How will a longer stay / forced meds make me accept a lie? How will it make the true suddenly false ( a “delusion” ) ?
- 67 Didn't he already sign an agreement that NEK Mental Health “was sufficient follow-up”?
- 68 When, on Dec 3, '04 med hearing , when Dr. Duncan testified ( and psychiatric Nursing texts agree) that “Delusional Disorder was best treated by therapy, and “ NOT BY DRUGS ”, then by what right does he controvert this and aggressively , persistently pursue the intense drug therapy?
- 69 Why petition for many more drugs than the original Risperidol that we'd both agreed on, ( IF he COULD PROVE his claims here ) now that we've gone to court?( In “the Amended Agreement of Dr. Simpatico” lodged with this court as an exhibit, he/we agreed that -- he would RE-READ my legal file (the record)
- 70 -- in return, IF he could draw CONCRETE EXAMPLES AND BASIS, SUPPORT FOR ALL HIS CLAIMS FROM IT, then I would agree to use of the drug Risperidol. He never did fulfill this, and so I never submitted to use of the drug. And the Court threw out the whole petition , for the use of forced drugs and for the longer stay.
- 71 When the Dec 2003 SRS Disposition Report(pgs 7-9) clearly states “ No findings of any abuse /neglect/or educational neglect on the part of the parents” (us), but
- 72 The SRS “still wants custody and guardianship of Kier regardless whether he was homeschooled, approved for homeschool, OR ENROLLED IN PUBLIC SCHOOL”,and
- 73 Judge Manley sought SRS seizure of him 3 times in 2 years without ANY BASIS, when such basis is needed to justify such?,then
- 74 Why is it “Paranoid” or a “threat to him” to merely keep him out of public school and Homeschool him, producing such good grades as we did? ( End of pg 8 of 24, handwritten)
- 75 How could adequate, assessed delivery of the Minimum Course Requirement ever be a “harm or threat” to him?
- 76 Aren't the Court/the VDE/ the public school / and the DCF's of Ct. and VT. Responsible for their own malfeasance and law-breaking, and not us?
- 77 Since I've already told him, why does Dr. Simpatico choose to omit “that my jail and dropped charges are moot issues”?( I was held 43 days for charges that had no legitimate basis and that have since been dropped. I was denied due process when the Caledonia Court denied me hearing on the merits of the Restraining Order—not only in the statutory 10 days but for a whole 6 months, when Denn dropped it claiming coercion. On this basis of this wrongfully obtained, and fabricated “Competency Evaluation “ by Cotton ( which is not supported by, and is contrary to the evidence) I was deemed “Incompetent and insane” ( when the evidence clearly supports I was never “paranoid or Delusional, harm or threat”). Findings under Appeal, and all charges dropped without prejudice. ( end pg 9 of



24, handwritten)

Myself and Other Patients can Verify Unbearable Actual Conditions at VSH :

( Some of the Reasons for the Elopements / Suicides / Suicide Attempts of Pts.)

1 - Many People wrongfully committed ; without due process in the local courts (the same thing happened to me) ; The various reasons for the involuntary committals are often NOT meeting the actual standard of egregiousness, of “Real Harm or threat, to self or to others” , but this “Hospital”, by the admission of one of its nurses ( NURSE LORI MOORE ) “ does not treat by AMA or ANA ( American Medical or American Nursing Association standards “ ) , that is ‘doing what is best for the patient’ . They do ‘ what the courts tell them to do’ . If the court says to keep for X amt of time / treat as this disease, and with these drugs , then that’s what we do “ she told me blatantly..EVEN IF IT’S NOT TRUE .

I had personally witnessed - and experienced myself - that people who had gone against the system (i.e., made a complaint against the courts or against police brutality) were given extra horrific stress and abuse by this place , some of it life threatening..

The incoming committals are NEVER, ever given the REQUISITE medical / LEGAL screenings required of these types of hospitals. In my case, I was deemed “ paranoid and delusional” at the outset , while the committing ( intake ? ) doctor ( LASEK ) even DECLINED to READ the papers of my LEGAL FILE that I HAD ON ME , which PROVED that I was NOT . I was not given, nor was I ever made aware of any option for a hearing within 10 days to determine suitability for VSH ; Despite all the evidence that I had to show , and the harm and hazard to me of being in there – and the THREAT of rental or mortgage loss, or LOSS OF CHILD to DCF , loss of PETS to pound - nothing in my true best interest would move the doctors a day shorter than the sentenced “ 90 days” , in fact I was illegally kept over 100 days. And even then all the doctors tried – WITHOUT EVEN MAKING the basics of THEIR CASE against me yet -- to KEEP me there for at least an ADDITIONAL YEAR more , along with INVOLUNTARY MEDICATIONS .

But they were refused by the Family Court.

OTHER patients were LIKEWISE COMMITTED solely on the strength of malicious and/or unsubstantiated affidavits ( most notably after complaints against the system )

Or they’re committed on the unsubstantiated testimony and falsified report of a certain Dr. PAUL COTTON , whose reputation precedes him. He is notorious for committals of this type , essentially just “favors “ for certain judges or others in the system. He committed me in this way ; in a hearing where I was NOT PERMITTED to SPEAK or REBUTT at all, his “report” and HIS “OPINION ” claim some sort of “Preponderance” of evidence in what he sought, which was IMPOSSIBLE , given that my evidence , the Record , details INCONTROVERTABLY that the abuse events I cited were REAL ( this supported by the papers of the Court/ DCF / VDE themselves ); and that in NO conceivable way, did I “IMAGINE “ it, or that I was “paranoid and delusional ”. He recently was caught defrauding the state out of much money ; he was the subject of the Marks Investigation , I heard

, and his own license is under scrutiny.

In any case , up to 85% of the patients that I ever saw in there , at any one time were in there for incredibly minor, harmless incidences , such as :

- 1 - smoking one joint, at home, but committing no crime
- 2 - or questioning a state trooper Legitimately , and so being labeled “rebellious”.
- 3 - Or because a disgruntled family member signed them in there, for reasons

NEVER QUESTIONED by the police or the COURTS . The list goes on.

They are essentially pleasant, harmless people whose company I have had the pleasure of keeping. And they feel bitterly entrapped , yet un – “ helped “ , by VSH for however long their GRIM , IMMUTABLE sentence lasts there.

( End page 10 of 24 handwritten)

- 2 - Virtually ALL Brooks Two and Brooks One PATIENTS have the same IDENTICAL COMPLAINTS about Doctors Duncan , Molloy , Simpatico , and Munson who , between them , hold a virtual MONOPOLY on the WHOLE HOSPITAL ,

--- stubbornly giving inaccurate or varying ( baseless) “diagnoses “ and always, invariably , moving for the inevitable “ involuntary medication” hearing , whether it is even NEEDED , or in the pts. best interest or NOT.

- 78 and “ PUNISHING ” patients who DISAGREE with them ( even those with a Right to ! ) by taking away some of their rights( such as outdoors grounds walks / Library / Occupational Therapy / training ) This is in clearest violation of the Patients Bill of Rights..

- 79 We are ALL told “ We can LEAVE ONLY when and if we ‘ TAKE OUR MEDS ’ ” (Whether these “meds” are actually needed or even good for us ! ). In my case – and this has happened to others too, again most notably those with Complaints against the System – I was told by Dr. Robert DUNCAN “that he would keep me in there THE REST OF MY LIFE unless I AGREED to a full blown FALSE DIAGNOSIS of “ Paranoia and Delusion” and unless I agreed to take the full battery of MEDS he had in mind for me used .

- 80 These were all the main drugs used to treat EVERY major mental illness in the place. \* ( Such as Haldol , Zyprexa , Risperdal , Abilify , Cogentin, etc etc etc. The list goes on) . I refused. I maintained strenuously my right to LEAVE VSH AS INTACT AS I CAME ( I saw the others with horrific, permanent, unnecessary side effects). Also, I wanted to resume my life without stigma ( and threat to Parental rights) , of label of “mental illness”

\* ( NOTE: Incidentally, the one diagnosis he used most often for me,

“ Delusional Disorder” , was by his OWN admission ( and that of the PSYCHIATRIC TEXT’S ) “ best treated NOT by drugs but by THERAPY )

- 81 - Vermont State Hospital ROUTINELY Wrongly-medicates , or Over-medicates patients , often to a disordered, incoherent, aimless state , and NOT HEEDING ANY patients COMPLAINTS “ that they feel FAR worse than before ” or even “ That they CAN’T TAKE ANY MORE of this, can they please have something else? or stop altogether ?” In fact , I have witnessed first hand – and have heard other accounts from impeccable eyewitnesses—

- 82 that they “ PUNISH “ these patients by perhaps a Loss of Rights , or by

SENDING THEM DOWNSTAIRS to “ B-1” , the lock-up prison for VIOLENT men ( In this place, the men are NOT even LET OUT into the YARD . Some have been inside for YEARS ). One man complained for Months On End , that “ the meds were giving him an ulcer, making him throw up every morning ” ( Besides making life miserable, everyone knows that unchecked ulcers can lead to stomach CANCER and DEATH ). But he was disregarded utterly on two such occasions in a 4 month period by Dr. Molloy and sent down to B-1.( He was still there in May, maybe now still , the situation remains). The doctors eventually persuaded him to believe “he deserved his situation”. He had been locked up for the better part of a year in this grim place B-1 predominantly, just for growing VERBALLY irate in a general store. ( This was a youthful looking man in his mid – thirties ; he was tired of being ‘ carded ‘ for cigarettes in the same store that he used daily .)

This is all a gross violation of the Patients Bill of Rights. As is ALSO the doctors next ARGUMENT for KEEPING PEOPLE on what is obviously the WRONG or HARMFUL medications for them : “ We cannot go changing the meds and changing them , or the pts. ‘ will be slower ‘ to respond each next time.”

( THIS IS NOT TRUE !! I have seen THIS IS A DOWNRIGHT LIE !

IT IS BECAUSE THE DRS. REFUSE TO CHANGE, ALTER THE MEDS , THAT THEY KEEP ALL THE REST OF US WITH NO WAY TO MEASURE IF THIS IS EVEN TRUE !

And if the body fights , resists , grows an immunity to an invading substance , like these “ meds “ , it is because THEY DO NOT BRING THE BODY INTO BALANCE , INTO ITS DESIRED , NATURAL STATE , of Wellness.

If these ‘ meds ‘ actually helped the Mind / Body , THERE WOULD BE NO NEED TO FORCE THEM :

-- there would be Healing and Happiness , NOT gross , and sometimes long lasting , or even FATAL ‘ SIDE EFFECTS ‘

-- Often there would be instant , at least soon , positive results , as there are with all other medications . AND WHY NOT ?!

-- And then people would Look / Act / and Agree they “ feel better” AND NOT MERELY DEADENED / DRUGGED INTO STUPOR / SPIRIT BROKEN / functionally ILLITERATE , where they WERE NOT BEFORE / with all manner of “ New “ HEALTH PROBLEMS , where NONE EXISTED PRIOR , including “ new “ HEART PROBLEMS , DIABETES , DEPRESSION , DISORGANIZATION , sudden gross amount of WEIGHT GAIN and PROFOUND METABOLIC CHANGES , even FACIAL CHANGES ... to name just a very FEW ...

Just these very SIMPLE FACTS , stand out as the primary WARNING SIGNS HERE , that in VSH ( especially under Dr. Thomas Simpatico ) ALL is going WRONG and NOT WELL !

These main , simple , glaring facts that Any Layperson would notice

and grow alarmed at!-- in their most basic humanitarian instincts!  
--always somehow GO UNHEEDED , and even IGNORED BY THE  
DOCTORS and COURTS THAT ,by Law , ARE SUPPOSED TO HELP  
PTS: that patients are HARMED AND NOT HELPED by the meds ,  
and so ( very understandably ! ) THEY DO NOT WANT THEM !

Or CANNOT TOLERATE THE MEDS ! This manifests as illness,  
side-effects

( and so the patients very often resist these forced ‘Meds’ down to  
the very last fiber in their being , up to and INCLUDING -- if they are  
made to feel so helpless to Refuse , and disempowered --- SUICIDE

[ The life of a valid and worthwhile human being – taken ,lost ,  
UNNECESSARILY to a travesty -- a toilet -- like VSH.

Believe me , the patients DO NOT WANT THIS ! These are NOT  
“people who would have committed suicide anyway“

[ or the very heartbreaking Suicide –attempts that , when they fail ,  
either injure or cripple the pt . , or lead them , rather , to the final Hell :  
extended , and now virtually INDEFINITE sentence at VSH Because  
of this attempt which was BROUGHT ON BY VSH OWN DRUGS!  
AND DOCTORS ! Doctors’ almost unbelievable but INCREDIBLY  
SICKENING Disregard / Greed for the drugs / Unregulated status , and  
so apparent lust for POWER ,( at the expense of the poor , depressed ,  
imprisoned patients who are arguably the Most unfortunate , TRAPPED  
and HELPLESS ADULTS in the entire State of Vermont )/trapped by  
the Doctors’ ( court – allowed ) Inhumanity , and SADISM , really (not too  
strong a word here , and anyhow , what is left to Explain this evil  
craziness, except for EVIL and INSANITY for its own sake --- ON  
THE PART OF the Doctors !!

So the Doctors leave them thus , often in an IMMUTABLE COURT -  
ORDERED status , on what is quite obviously the wrong medication. And  
the doctors aggressively defend that, and keep it in place  
( court-ordered involuntary medication , once home , takes the form of a visiting  
nurse visiting the home monthly ( or more ) administering a VERY POTENT  
, LONG – LASTING INJECTION ( imagine a shot that lasts for weeks in  
one’s system ! a Really Unpleasant one , even a tormenting one , no  
less ! ) . This nurse is accompanied by a state trooper if the pt. is  
unwilling, to then give it by FORCE.

The Court orders for such, which state “ there is to be a periodic review of  
the meds effects by the Commissioner” – I HAVE YET TO SEE the  
Commissioner EVER RESPOND to one of these complaints. In fact, it is the  
Commissioner , acting Unquestioningly at the “ recommendations “ of one  
of the doctors , who BRINGS the needless and sadistic “ Petitions for

Longer Stays and Involuntary Meds.”

4 – NO DISCHARGE PLANS -- Incredibly enough, Patients made ill or disoriented – or having Really bad side effects – from the drugs might be left for anywhere from 3 to 6 months WITHOUT any real PSYCHOTHERAPY or ANY PLAN for their RELEASE!

“Activities“ here are meaningless and do NOT prepare one for the “real world”. Imagine 6 months of childish arts and crafts with crayons and magic markers ; Of not ,though, being allowed to write with a real pen (say try to write a book to kill the time )or use a real watercolor paintbrush “ unless staff ‘had time ‘ to monitor you“(and they never seem to ),-- BECAUSE THEY CLAIMED “YOU MIGHT TRY TO KILL YOURSELF WITH THE PEN OR PAINTBRUSH“ .

Also , there is a 20 minute /per day limit to typing on computer, but this only if you do not have your “rights yanked“, say ,for ‘refusing meds ‘ that made you sick. There is no computer up on the ward, though there easily could -- and Should – be! There is NO WAY to even do one’s OWN LEGAL WRITING ,except by the “allowed“ 3 inch golf pencils-- and these only get sharpened by staff “ when staff have time“ -- when they feel like it! (If they don’t , one is reduced to sharpening The little pencils with their own teeth --- as I was forced to do just to Get this “Rebuttal“ written!

(HOW LIKELY IS IT THAT THIS INDUCED MISERY COULD , RATHER , DRIVE A PATIENT TO SUICIDE!)

- When all that is left, is sitting in front of the one T.V .set all the others are vying for;

- of not being allowed out doors ALL WINTER ?!!

-Of nothing resembling “training “ or gainful employment ,or even any chance or preparation for that. ( And so a person initially committed by family for alleged reason of :

“ unable to take care of self “ -- [ “danger“ to self; this is trumped up to be, by VSH ] -- after 6 MONTHS / or 1 YEAR / or even longer , SEVERAL YEARS of 100% Useless ,Wasted ,Menacing , Lonely ,utterly Depressing HELL for the Patients ,while they are NOTHING BUT WAREHOUSED for the Doctors ( INCARCERATION FOR PROFIT in the truest , most ghoulis and hopeless sense ) --

--- then these patients are NOT even given the help they were sent in for; THEY ARE GIVEN NO MEANINGFUL LIFE’S TRAINING OR WORK SKILLS --THEY ARE USUALLY NOT EVEN GIVEN ANY

## THERAPY!

For ( by ALL accounts , virtually everyone I speak to ) their Doctors break appointments / give minimal “therapy”, nothing like what is promised on the official “Treatment plan” / yet the Doctors deliberately delay progress and DELAY, REFUSE REALISTIC REPRESENTATION of PATIENT’S ISSUES , They will maximize the stay to at least 90 days , Regardless if the patient should even be in there at all.! Certain older ladies , and a man had BEEN HERE YEARS , misrepresented, MADE ILL BY VSH DRUGS – KEPT ILL – made to appear more “psychotic” than they would be on the right / or No medication / OR in the Relaxed environment of HOME . All of this, as an “excuse to Justify “ a Further Stay, possibly even more “medications “

Or “Excuse “ to even having some “Chronics” there ( imprisoned) to Justify keeping the “Hospital” open. This happened! They are Not above this ( normally unthinkable ) Horror .

Actual therapy , when it happens , can be bi-weekly as opposed to the “ 5X a week ” proposed by the Treatment plan , and is usually meaningless at best -- or , as in my case and the cases of others , harsh and unfair ( even illegal) mere agenda of the Courts , or of the doctors themselves ;

The Doctors simply DECLARE “ WHAT THE COURTS WANT THEM TO SAY , “ ( as “ Diagnosis” , and therefore “ Treatments” – incl. many meds ) ( regardless of lack of “symptoms “ , and much evidence to the contrary )

AND THEY HOLD THE PICTURE IMMUTABLY AT THAT , regardless of traumatic , brutal , life – ruining effect upon the patient . If we are desperate to get out -- we are COERCED , TOLD WHAT TO SAY -- ( this has happened to SO very many ! while I was there )-- we’re being Ordered – upon pain of threatened , indefinite , HEAVILY MEDICATED stay – what to say , what to do , what to admit to – -- even is such a thing is NOT TRUE , or in clear violation of our legal rights. ---Or even if it will ruin our lives on the outside ; to be a mere shadow of what they were before.

5 -- SICKENING CONFINEMENT -- VSH’s past picnics and day trips are a thing of the past. Some Pts. Have “ the right” to have “supervised grounds rights” ( a staff member escorting them a ¼ or ½ mile or so around the complex a few times a WEEK ) or Canteen store / Library / OT daily. The Ward / Library / small store are EVERYONE’S WHOLE WORLD , at best for MONTHS ON END , and for some , for YEARS .

Imagine being locked ONLY in 2 small, stinking dingy hallways, and going from there , through basement tunnels , to one or the other “activity “ – and that’s it. That’s the whole world for many ( a PERFECTLY COMPETENT ) adult , many already wordly , even accomplished , harmless ---- often wrongly detained.

IMAGINE BEING WALKED LIKE A DOG , “allowed“ only a few hundred feet of “world“ to live in , this by their ‘permission“ (after already knowing decades of normal life in all its nice Normalcy) And then this : incl. being jumped --and restrained , and back to seclusion --- if you did one little thing the staff did not like (like want to remain longer at Canteen . This is likely to be fixated upon , escalated by staff )

And many a poor patient ACCUSED OF “VIOLENCE“ -- WHEN ACTUALLY THAT ‘VIOLENCE‘ WAS NOTHING BUT SELF - DEFENSE ( this includes one sweetest, most harmless young man there for about 1 year, ( for fleeing an attack , himself trying to elude the attacker) – THESE POOR PEOPLE ARE NOT LET OUT AT ALL! In the winter , Vt. Protection and Advocacy tells me , they have been kept inside , traditionally , all winter every winter( except for 10 minute breaks in the humiliating cage known as the “smoker’s porch) “FOR AS LONG AS VT P & A CAN REMEMBER ! “ I myself just brought an official grievance action for GUARANTEED Daily Use of yard for ALL through Vt P&A – and WE WON . Previously staff only took the pts into the ( TINY [ 50 FEET ?], fenced in) yard “when they felt like it” ( another euphamism for being chronically understaffed ; VSH’s reputation precedes it ; still, if they cannot take minimum adequate care of people they should not be permitted to keep them, regardless of their purported “mental illness”

1 - as most of these “M.I.’s“ are either a gross exaggeration by Drs. -- if not a downright Lie , and

2 - even if a person Were mentally ill , quite obviously THEY WOULD BE FAR BETTER OFF AT HOME , than at VSH

For anything is better than this Hell – hole , even No Care . Because that is what they receive at VSH -- Not Only ‘no care ‘ , But all the needless , sadistic , intensive abuse as mentioned . Top it off with , everyday , being promised -- by law -- at least the little yard And having even that unreasonably withheld , like a carrot on a stick , Unless one “takes their meds ‘ -- and this only if lazy staff “feels like it” ---and it amounts to actual TORTURE , CALCULATED TO MAKE ONE SICK! Or at this point , make them truly , finally “Mentally Ill “ The INHUMANE LACK of BASIC FRESH AIR / Real , unimpeded AIR , without 10 or so other people’s CIGARETTE SMOKE FILLING IT , and clouding even one’s view / some degree of NORMAL SPACE / one’s two FEET TOUCHING THE GRASS / and the nice normal BLUE SKY of the yard over one’s head , as opposed to the narrow HALLS , or the CONCRETE ROOF OF THE “PORCH “ , and this with iron mesh all around you.....

No one in the Outside World can barely imagine what this is really like ! Unless they live it .... And not for a few days , but for weeks , months on end... God forbid Unthinkable YEARS , (but this Does Happen to some !)

It is a cumulative torment . One Never “ gets Used to it “

A night’s sleep DOES NOT HEAL this . The next same days are only

that much worse than all the deeply abnormal , confined days before it;  
The suffering literally compounds upon itself to an unthinkable degree.

It could Bend or Break even an average , SANE , person -- but then again , it is designed to ... for abuses intentionally never fixed are the same as abuses deliberately held in place .

Now , after we've won the Vt P & A Yard Greivance Hearing , VSH CEO Terry Rowe at least Acknowledges a responsibility to see that even the pts. With restrictions get out in yard every day regardless . And I heard things are better – and YET I simultaneously heard ( I stay in touch with the pts ) “ that it's STILL the SAME garbage . Didn't get out today because “understaffed” . Or the staff called a warm, pleasant drizzle “rain” and “they didn't ‘feel’ like it” .

( These selfish Staff people themselves get to go out every morning and every night , regardless, in their own free lives. They often get FAR More freedom and fresh air -- in the morning when they walk their dogs briefly before driving to work , or Even as they warm up their cars and scrape the snow off ---- than we get in the whole 24 hours to come !

It is no conceivable excuse that “they haven't contemplated what it is to Not be let out for months on end “ . That ‘they can't imagine it ‘ – or haven't been compelled to try. If they CAN'T -- or WON'T-- even THINK about THE SUFFERING OF THE PERSON IN THEIR CAPTIVE ‘ CARE ‘ -- including what that person might really deserve , or DOES NOT DESERVE -- then they QUITE OBVIOUSLY DO NOT DESERVE ANY AUTHORITY OVER THE LIFE OF ANOTHER HUMAN BEING --- Any human ! )

In short , they are COMPLETELY NOT ‘ PATIENT – CENTERED ‘ !

Who are they , to assume the rights of God , when they cannot , or Will not , think and care as comprehensively , and caringly , and responsibly as God?

Who are they -- by the sheer act of ( often wrongful ) incarceration -- to drive a forcible wedge ( for months , or years ahead ) --- to impose FALLIBLE human judgement / and such inflexible monstrosities as LEGAL CORRUPTION and / or BLANKET SENTENCING ----- between the ( often harmless ) patient , and the more natural realm of God's Will , AS INTENDED for that person ?

This -- I Am sure ! -- is a right that no other person has over another person ; even a “ crazy “ , or even “ guilty “ person !

For a person has only the basic intrinsic responsibility to live “ right “ and refrain from obvious wrongs. This is the basis for all the great world philosophies and spiritual traditions.

It is also the everyday path and luxury ENJOYED by the EVERYDAY PERSON

And so it should be the Same values , that are ‘ allowed ‘ and enjoyed by any person held in “ Corrections ” -- be that legal or mental health ‘ corrections ‘ ( After all , the idea is to correct these people , yes ? ) To make them



As “normal” as everyone else ?

And NOT to drive them down so far ,below the public sight and normal standard ,that they have to suffer an unthinkable debased existence, far less productive , LESS hopeful, far LESS JOYOUS THAN THE AVERAGE FAMILY DOG!!

It is NOT INTENDED , or at all OK,or acceptable , that ANY people are EVER held ,except for the clear intention of real , urgently needed , active improvement upon them .

It is NOT ACCEPTABLE to seize people -- and to Warehouse them --

--- And summarily Wreck their precious minds ,bodies w/ FORCED DRUGS  
--- Despite , even , INNOCENCE ( or --- to the pt --- helpless “Mental Illness”)

just to have “ CASH COWS “ for the most Undesirable Element that any state can have within it : a substantial amount of questionable workers , with ALL their Lives (mortgages / even families / and future plans ) so smugly reliant upon ABHORRENT “Incarceration for Profit “ -- THAT THEY WILL STOOP TO ANYTHING , DO ANYTHING , TO ANYONE LOCKED IN WITH THEM , JUST TO PRESERVE IT !!

( What with VSH , under Dr. Thomas Simpatico , as a Prime Example of This !)

( What with the uncertain economy , and Lack of Ethics insisted upon these days – this considered ok even among children! -- this “ Multi- generational JAILOR “ mentality or even ( God Forbid! ) “ tradition “ poses MORE OF A PROBLEM to society ( for all its Evil / criminal fraud / secretiveness / brutality / red tape / high cost ) THAN ANY supposed “ Multi – Generational ‘ Welfare sponges ‘ “ EVER COULD!!

But this does not involve merely the “techs” ( psychiatric technicians -- bottom rung workers). Many – most – of the shift leaders ( R.N.'s ) who actually Do the Deciding on who gets out ( to Yard ,&when ) – they too, do not bother to even “think” about it , to take into consideration the Pts. Suffering and need. ( By this Need , meaning that which the Pts. ACTIVELY and EMPHATICALLY CONVEY to them in words !)

That, and I've definitely seen an absolutely Sadistic withholding ,and Unreasonable Refusal of these most basic of rights on their parts ; part of VSH's entire UGLY picture, and CALCULATED EFFORT, to EXERT JUST the RIGHT AMOUNT of PRESSURE on its “ patients” ( in actuality, prisoners) to keep them in line ... keep them hopeless ...and hold them , even, to “ Agenda ” – OF DRS. or COURTS

( End pg 11 of 24 handwritten)

At the time of the Elopements ( end January 2005 ) ALL WERE PUNISHED.

All the patients were then restricted to the ward and porch. They had not even been allowed in the yard since December. ( Any, and Every excuse -- everytime for VSH—to return to the old ILLEGAL and dirty Abuse: even this, when the two elopements happened ONLY because the 2 ladies lives were literally in danger from VSH itself ; desperate complaints unheeded ).

Per the EMBEDDED VSH mentality of pure abuse, ALL were deeply punished for the “offenses” of 2; as if the “usual“ was not bad enough. Even after all the gains we Just Made by the ( Arduous, hard-earned ) Grievance Hearings : We were all Right back to:

--- Just 10 minute breaks every few hours in a smoke filled, crowded cage.

--- Only one (1) 10-minute fresh air break allowed every 24 hours for the very few non-smokers like me. Accustomed to Decades of an out door life, like I am : 10 whole minutes a day, in a little cage . For months and months on end.

( REMEMBER: BY THE ‘PATIENT’S BILL OF RIGHTS’, PATIENTS ARE NOT SUPPOSED TO BE “PUNISHED“ FOR THEIR ILLNESS (let alone deliberately TORTURED, given the COMBINED EFFECTS of Abuse /Confinement/ and either the De-humanizing, Eroding Effects of the FORCED DRUGS/ or the unbearably Depressing and Menacing Drs.’ threats and neverending spectre of such drugs hanging over us. REMEMBER: the drugs BREAK A PERSON DOWN, mentally and physically. This, then is turned around and Used against the Pt “as reason “ the pt. ‘cannot’ return home; “they cannot any longer live on their own“! )

WE ARE SUPPOSED TO BE GIVEN “ THE LEAST RESTRICTIVE ENVIRONMENT“ IN EVERY POSSIBLE SITUATION( Up to and including harmless Garden activities; even days out in Town, Restaurants, Visits back home!-- the things that make patients Better! And give them HOPE!

Not the very worst things to make sure a person can never get out!

6-- PATIENTS MADE TO LOSE THEIR HOUSING : VSH Social Workers ( primarily Norma D’Anca ; this I have Personally witnessed ! ) PROMISE incoming Committals they’ll help them KEEP their apartments / houses – then they DELIBERATELY REFUSE to help them arrange the payments necessary for this ; in fact they deliberately SABOTAGE their efforts to do so themselves. They Promise – then Refuse -- to Send out the Payments they are AUTHORIZED to, from the Pts.’ Bank accounts- they even MIS -LEAD the patient “ that they’ve already arranged the payment ” – when there is No One out there, to cover for Pt!

And further they ATTEMPT TO PUNISH another Pt., like myself, for checking up on it ! They try to forcibly keep us from helping eachother ( More threats, loss of rights, etc . etc. etc. ). To their EXTREME Sorrow and HOPELESS CONSTERNATION , patients LOSE FOREVER beloved , settled apartments ;

EVEN THEIR OWN HOUSES , lose their Beloved Pets – ( If there are children , this will now raise the spectre of the Dept of Children and Families trying to make a ‘ case ‘ for homelessness and removal for the kids) NOW they are kept in VSH Forcibly, Indefinitely ! owing to their “homelessness”, the excuse that “now they have no where to go, so they cannot be released ” ( Regardless of Pt.s’ progress , or even , originally , Voluntary Committal! )

7 – ENFORCED PT. INACTIVITY : Chain –smoking and real Over-eating ( Inactivity) are Encouraged at VSH , and Staff make excuses Not to allow Pts. Yard and exercise. Chronic VSH understaffing and no-shows leave us locked in ward with No activities ; not even the crayons in the basement “ art room” , or even “ supervised “ watercolor painting ,or writing with actual ,real pens .

8 – Vicious , Traumatic UNPROVOKED ATTACKS : Patients have been suddenly attacked by staff / SECLUDED / FORCIBLY TIED DOWN with LEATHER RESTRAINTS and FORCED- DRUGGED for NO REASON, whatsoever. A tiny lady ( 5 ft tall) was Attacked Inexplicably during a smoke break , forced inside and bound to a metal bed for over an hour. She was never told what she did wrong She was crying and ABSOLUTELY TERRIFIED.

When she screamed for us to help her ( or at least come talk to her, give her just little comfort ) we were forcibly threatened by the staff to “Stay away or we’ll be restrained and sedated too” ( And I HAVE seen them retaliate in this way! In fact they

They then drew vial after vial of blood from her and refused to tell her why. These were very large vials ; she had to have been faint after the whole thing was over. They gave her so much medication to knock her down ( she cannot be over 4’11’ tall) that she slept till noon the next day , had to be helped into the dining room to eat , had to be assisted with eating , and almost choked to death on her food then.

ANOTHER friend of mine , extremely nice lady , a calm stable person , was absolutely brutally attacked by staff for NO REASON -- we witnessed this directly too! When she squeezed by staff to get into her room ( they were notably blocking her door) they TACKLED her and BOUND her to the portable bed for an ILLEGAL and RECORD BREAKING 3 and a half HOURS ! She too was crying “What had she done?” and they refused to answer. She cried for us and again the staff threatened us. The most striking thing about this was that this portable metal bed with its leather restraints is not always up on the floor. It is kept somewhere else out of sight , and it had, that day , been up on the ward in plain view ; with a noticeably new or at least different leather restraints on it. We all have reason to believe that whenever the staff wants to “ TRY OUT ” some new equipment like this they simply TARGET some poor patient to do it to. They even denied her permission to urinate ; she might have went on herself. She truly was NEVER THE SAME AGAIN ; she says she’s been chronically depressed and fearful everyday of her life since.

She was never given explanation or apology. ( End page 12 of 24 handwrit)

9 - INHUMANE TORMENT - for all , but especially for those who

complain about the system ( i.e. the police). Mary Ellen Gottlieb - ( who published her story in the newspapers) -- who was later driven by desperation for her life to Elope - filed a complaint with the Manchester police re: serious police abuse from one of their officers. She was then COMMITTED WITHOUT DUE PROCESS on Dec 11 2004 by False allegations by the wife of one of the police. At the barracks she was HANDCUFFED TO A TOILET FOR 18 HOURS , bent over , even though she had severe spine and kidney problems,

We had all personally witnessed :

--- she was locked indoors on the ward with no Rights at all -- No yard , none – from the start of her stay ,

For over 1 and a half months. This is all completely illegal. Till she was violently physically ill ; deathly pale ; begging for air. Never getting any. Also ;

80 she was forcibly and illegally medicated WITHOUT COURT ORDER . And after that , whenever she refused medication again , VSH staff broke the law by SNEAKING it into her food or drink. (We overheard them admit this) This is 100% illegal. Also

81 she was forced repeatedly into segregation rooms for asking for reasonable things or for viable complaints. She was labeled “demanding” and locked in VSH’s “Rubber Room”, Even though she showed NO physical violence at all .

82 Most of the time she was there she was kept on unnecessary , harassing ,- again ILLEGAL --restrictions on her use of the hall phones / MAIL / and LEGAL representation, to such a degree that it made the quality of her life, or the chance for justice , literally IMPOSSIBLE, No one else there was treated with the same viciousness as MaryEllen was, by the staff that ADMITTED FREELY that they acted on “orders” to do so.

83 Deliberate , disgusting treatment by the staff , if not harassing her, then ignoring her needs. Doing their level best , to Drive her crazy , then when she finally reacted , threatening her w/ “meds”, loss of even any of the few phone rights she might have had , or forcing her into seclusion.. I personally saw that she was harassed virtually all day long , every day ; made one sick to see it.

84 She NEVER had all the RIGHTS the rest of us did.. She NEVER ONCE got to see the Library, Canteen , the gym ,O.T. in ALL THE TIME ( all winter ! ) I saw her there..

85 They did this to her on top of the already serious physical ailments she already had , from the forced drugs , and that they knew of – Neuroleptic Malignant Syndrome ( with its 50% chance of mortality / due to INABILITY OF THE BRAIN TO REGULATE ONE’S INNER ‘ THERMOSTAT ‘ , to handle heat and cold ) and ACTIVE KIDNEY FAILURE , which I had occasion to WITNESS !

86 Denying Her ,and Other Patients ,Urgent Medical Attention. :

87 Mary Ellen’s kidney’s suddenly failed ( in a hypertensive event) and STAFF REFUSED HER ANY AND ALL MEDICAL HELP.

No urine test / no 911 call even.

( end pg 13 of 24 handwritten)

She was left on the hallway floor very, very, extremely ill for almost an hour. I know she was genuinely ill. I have kidney problems myself, (Plus I used to work in Nursing myself) I know what failure and shutdown look, smell, and feel like. Her symptoms were genuine; that and I'd seen a prior lab results of hers and I witnessed directly that she had High Protein and also Blood in her urine. And she was crying in agony and then was semi-conscious and moaning, and deathly white. She begged us for help but the staff threatened us with "force and meds if we helped her". We were told to "Leave her on the floor, she's known for faking it" I snuck to a phone booth, and I called hospital (CVH) and pre-empted them of all the circumstances and the abuse, and then I called 911 (especially for the chance to leave a taped bit of testimony at the 911 center)

----- Staff then TURNED THE AMBULANCE AWAY when it came

--- Staff continued to deny her medical help. Dr. Simpatico came up, "talked with her" and NOTHING MORE came of it. No tests, anything.

--- Callous staff left her on floor but stepped over her saying "Bad place to lay, Maryellen. You really need to get to your room". This when she could not move on her own, was barely conscious at this point.

--- Then Staff PUNISHED ME FOR CALLING THE AMBULANCE AND 911 by yanking my phone rights for over the NEXT ENTIRE WEEK.. This is completely ILLEGAL.

--- She very slowly recuperated the next day, her blood pressure evening out (it was a slight stroke in the kidney(s) from all the other stress at VSH).

But she recuperated without any help at all from staff; she WAS literally left to die, and we WERE forbidden to help.

--- She was afterward left with a one-inch gallstone lodged in her gallbladder. After our complaint to Vt. P&A (RE: the 1<sup>st</sup> kidney event) she DID get to hospital for, what I believe, was an ultrasound for this, which diagnosed the stone. But then the hospital even left that Ominously Untreated, told her she had it, but then sent her back to VSH again with it. I don't know Why? Or if it was ever removed.

-- She had since eloped, on an absolutely frigid day (-10B F) in January she found her chance. She has Neuroleptic Malignant Syndrome which means among other things that the body loses its ability to, at all, take the extreme heat, or cold – it cannot generate its own heat. Routinely she wore a sweater and a winter coat and 2 hats even inside VSH, which I thought was too warm a place -- Out running in -10B at her age (almost 50), with her illness, was a monumental feat of courage and strength on her part, with what she had to cope with. It was life-threatening; but she said VSH was a FAR GREATER THREAT to her life, health and Sanity and it was worth the risk. I'd witnessed first hand that VSH WAS the far greater danger to her, and to us all.

11 -- Judge KATHLEEN MANLEY had approved her committal based on the Unsubstantiated claims of the affidavits of the policeman's wife – after the POLICE ABUSE she reported. She also was the SAME JUDGE to hear MaryEllen's hearing for "Permission to give Involuntary Medication" asked for by

MaryEllen's "doctor", Dr. MOLLOY, who never ceased his argument that MaryEllen was "INSANE for COMPLAINING about the POLICE". She left VSH with LARGE Involuntary Medications of I believe, Depocote. So much that when I used to call her, she was Incoherent and Unable to answer the phone, except for only 2 or 3 hours out of the whole day, sleeping all the rest.

When she first got to VSH she was one of the sharpest, most alert, intelligent, and assertive patients there.. In the end they had her literally crying "Just let me out and I'll never complain about the police again!" The HARDCORE MILITARY --style FORCE AND BRAINWASH VSH indiscriminately uses against anyone it deems "necessary" -- or some judge ILLEGALLY "ORDERS" that they do it -- and this staff, primarily the doctors and most of the RN's have no trouble or NO HESITATION, whatsoever in carrying out these HIDEOUS orders. It is Vermont's, and America's, own Concentration camp.

This same Judge Kathleen Manley is the SAME JUDGE WHO RUINED MY LIFE and BROKE UP my 10 year happy MARRIAGE and my FAMILY by joining with the Vt. SRS (DCF) on a relentless attempt to seize my little son into foster "care", for over 2 years, Knowing she had no basis in Abuse / Neglect / or Educational Neglect. She has ruined my son's life/ his outlook,/AND his Education / by FORCIBLY, AND ILLEGALLY aborting his Homeschool which got him A's and B's, and forcing him back into an abusive public school which promotes and conceals these SRS abuses. And where he has failed, to the point of being left back a year. In a weak and simpleminded attempt to "save Kier" his father (who is mentally disabled) was coerced by this Judge to falsify a Restraining Order against me, when we'd only had 10 years of perfect happiness. She admitted to him (and HE TOLD me) "that she wanted to see me medicated and out of the way". He was told by Manley and the Vt. SRS "That this was the ONLY way he could KEEP Kier" when that is ILLEGAL COERCION; when they have no right to custody minus any basis in abuse/ neglect/ educational neglect in any case. (And the SRS Disposition Report shows that there was NO abuse or Neglect of any kind)

He believed this; he did it; I was brutally beaten and pepper maced by the police without any provocation and I was put in jail then here without due process; never given the legally required hearing for the restraining order, not in the statutory 10 days, and not in 6 months; then he dropped it, but it never had hearing on the merits. My attorney said, even in its falsified state "it never bore the statutory requirement of 'true harm or threat' - the R.O. did not allege any physical marks, harm or injury of any kind, yet Kathleen Manley threw me out of my own house for it for almost 6 months. She allowed my ex to TRESPASS in MY OWN trailer when I did NOT want him in it anymore, and he had his own across our yard.! She signed this illegal Restraining Order; then had me sent to the place where SHE HERSELF would hold my hearing for "Longer Stay and Involuntary Medication". (Come term Rotation) We all know what the result of that would have been -- but I appealed to the Federal Court for Immediate relief, and I understand from the clerk that she was somehow Recused at that point.

The matter was switched to another judge, who acted a "little" more fairly.

But it's pretty clear that she intended my fate to be more like MaryEllen's.

I have personally witnessed the court papers of many other patients at VSH who have had her as their Judge. Routinely – with impunity -- she pretty much Invariably approves committals of those NOT a "true harm or threat to themselves or others". Of others "who've complained against the system". She allows, indiscriminately, the doctors to keep for longer stays (another year, or years), use forcible medications on whatever patient they petition for (which is almost all) Anything and everything the doctors ask for. With the results, she is either completely without knowledge of the drugs she allows (owing to the MASSIVE amounts allowed, and the HORRIFIC SIDE EFFECTS that come from JUDGE MANLEY'S cases INCLUDING DEATH) to such a degree that it is sheer negligence. Or Worse. Or: is deliberate abuse; if one knows anything at all about these drugs, it could not be anything else. The most common complaint coming from the patients is that "she approved longer Stay and forced Meds at a hearing WHERE THEY( THE PATIENTS) WERE NOT REPRESENTED BY AN ATTY, AND ONE WHICH THEY WERE NOT PERMITTED TO PERSONALLY ATTEND! VSH LITERALLY BARRED THEM AND KEPT THEM FROM PERSONALLY TESTIFYING IN THEIR OWN CASE IN SUCH A VITAL MATTER!

With the tragic results that their harmless lives are now ruined -- or ended! as in the case of one dear older man.

( End pg 14 of 24 handwritten)

In her "decisions", I have personally witnessed where she grossly misrepresents patients based on either willful ignoring of the facts, ( AS SHE CERTAINLY DID IN MY CASE! WITHOUT ANY APPARENT FEAR OF REPRISAL! )

Or she takes the word of these "doctors" who've been Decertified ONCE BEFORE -- for good reason!.. I know these patients, and the things she said could not be more RIDICULOUSLY, and obviously, and maliciously WRONG

( I.e. accusing Pts of "Incontinence" when they were regular enough people and they DID NOT SOIL THEMSELVES !!

-- or of "inability to feed oneself, and ' Anorexia ' " --when they loved to eat and ate as much as 2 people.)

One of these people was a petite, fine older gentleman whom VSH WRONGFULLY KEPT ON, Misrepresented, and GOADED and TORTMENTED FOR YEARS just to 'justify' his place there as a "chronic"

who “ needed VSH.” / when he’d been far happier and Better off living in an apartment on his own./ and HE HATED VSH and did NOT “need the place”. He was assigned a ceaseless “ one-on –one” ( a staff member to FOLLOW him around at ALL times , in the shower , the bathroom , even the door open as he slept , 24/7/ 365 ).. He was often lied about ,( accused of stupid , false things) humiliated by , or goaded by this person , often a young 20’s “tech” who just wouldn’t let him be , and this “ tech “( illegally ) tried to restrict his movements so they wouldn’t have to get up out of their chairs., or away from the TV. Then if he got understandably angry , by having his freedom wrongfully restricted, by this kid he was “punished” – by having his radio taken away , or loss of outdoor rights ( a precious thing, the loss of which makes life lose what little value it has in there to start with)

All of this in VIOLATION of the Patients’ BILL of RIGHTS.

In addition to all this Hell , this man elected ( as was his LEGAL RIGHT ) to go off his NON- COURT- ORDERED medications ; as he was never sure he needed them ; and they were making him violently, painfully ILL ; and making his TEETH LOOSEN and FALL OUT ! Staff intimidated him , but he VERY BRAVELY refused anyway.

He did fine , for weeks on ends , was very happy , chatty. . NO HARM to anyone. His hearing with Manley was coming up and he INTENDED to ATTEND IT this time , and make his case, for NOT needing yet another horrid year in there AND forcible meds that HAD ALREADY SEVERELY ERODED HIS HEALTH !! ( And he over 60 y.o. at this time )

Staff wouldn’t have this exercizing of free will. I was personally PRESENT when :

after He stoically refused staff’s repeated UNWARRANTED threats and advances “ to make him take his meds” ( not needed or justified) ,

and hanging around the open door of his room , with their Intimidating rubber gloves on ( for force handling) ,

It took ALL his calm and nerve to politely decline and try to sleep, even with them all still threatening and refusing to leave. But then : I was awakened and personally witnessed when at 2 a.m. ,

staff suddenly BARGED into his room without provocation , any noise on his part , woke him up , assaulted him and force-medicated him for no reason ( injection ; they never would tell him what kind).

He was screaming , “ No! No!” and they still wouldn’t quit. He’s only about 5 feet tall and skinny. He told me he felt like having a heart attack. He was sick ( and crying , from the violation) all the next day .

But they did it AGAIN , and AGAIN ; they force medicated him EVERY night thereafter for the NEXT FEW WEEKS – for NO reason on his part : a total violation of the Patient’s Bill of Rights.

By then his composure was gone. And at his next med hearing soon he said how he felt , and sure enough , Manley APPROVED more forcible drugs.

He is promised a PPV ( leave) within 30 days. Let’s see if he actually gets it.

( Post note: This original part of Rebuttal was written in Feb, 05. He did Not



get out in 30 days. It was, I believe, May, when I heard from a reliable source that he finally got out and got into a group home.)

12 -- He, and Most of the other patients, have endured such abuse of medications, and Months, or even Years, of child-like, SLAVE-like treatment at VSH. The main thing is the medication. Whether a person is actually mentally ill or not

(and there are plenty such injustices; VSH DOES NOT TURN AWAY COMMITTALS, even if they do NOT MEET the legitimate criterion of egregious “true, imminent threat or harm to self or others” that warrants committal).

They are not reviewed immediately, certainly not independently, and they are certainly NEVER, ever RELEASED IMMEDIATELY, EVEN IF they are MINUS SYMPTOMS and/ or have good explanation for the circumstances.

But one thing is for certain; the doctors unanimously say to virtually all “I’d like to try you out on X and Y type medications” (whether it’s accurate, needed or even safe for them) Then: “but if you want to leave here, you’re going to have to go on some kinds of medications. You are NOT going to be PERMITTED to be RELEASED”—sometimes they say ‘EVER’ – “UNTIL we get you on some MEDS” (or; this next is Very common)

“You can get out in only 14 days, only if you take them now.” Then the Doctors will keep them another few months., invariably, breaking their own word.

And the side effects can be shocking, permanently crippling. In only a very few short weeks of use (for example, my friend got “Tardive Dyskinesia”, a relentless facial tremor and paralysis in only 11 days of forced drug use; my other friend has a permanent extreme shaking of her writing hand for the Rest of her Life.)

Another friend, a bright young talkative guy when he first got there, was forced on Zyprexa that he showed NO SIGNS OF NEEDING

(no so-called “schizophrenia”).

This, when ZYPREXA is among the most severely DANGEROUS of all meds; It’s listed Side-effects even admit “Death”; doctors know it.

Within a week he had high fever, sweats, and weakness, eye twitching, (with such frequency that he could NEVER leave there and DRIVE A CAR AGAIN), he had uncontrollable, constant tongue-rolling. But mainly he couldn’t even speak think, reason, or barely recognize anyone. Could barely get his own coat on and off.. VSH MEDS MADE HIM THAT WAY; he was a REGULAR GUY when he first got in.

No one from his home seemed to know what was up; and when you have these “alone “ people, the ‘guinea pig’ treatment is always ratcheted up,

way , way up for them. I complained heatedly on his behalf ; seemed to DO NO good..

Last I ever saw him he was taken off to Fletcher Allen , and no one's ever heard from him since ; ALTHOUGH WE WISHED TO KNOW.

Routinely , fairly ordinary people are pulled in, away from their fine lives , and urged to “ take home these medications , because if you don't , we'll PETITION in the courts and FORCE you to”.

They take home drugs that did Not help their illness – IF they HAD ONE to start with – that only make them fell sicker. If they complain , they almost never have it adjusted to their benefit.

One ( good , very gentle ) man ( 40 y.o.? )with some degree of schizophrenia complained that his Zyprexa made his symptoms far worse, not better .

This appeared to be very true , judging by the conversations I then had with him. He complained bitterly “ it wiped out ALL his positive thinking and gave him ACUTE SQUEEZING HEART PAINS . “ I saw him sweat at the time of these pains. I can also attest that he was an absolute DARLING , when WITHOUT ANY medications -- NO threat to self or others ! and that he should have been HOME !.

But they wouldn't even give him even a choice , of the ‘ many meds they have on hand for Schizophrenia ‘ , they FORCED the Zyprexa. ( FOR WHATEVER POSSIBLE REASON , THIS ACUTE SADISM ? )

And when he tearfully refused he couldn't take any more , they BOUND him to a bed and FORCED the shots on him. He AND OTHER patients told me “ They prayed to God to be delivered from this place , and that they also PRAYED FOR DEATH -- if that's what it took -- just to escape VSH..”

( HOW SAD !! How Abjectly depressing . Can anyone , out in the free world , really comprehend how tragically evil and unfair this is ? Really ? Considering these DOCTORS ARE EVEN GOING AGAINST CURRENT APPLICABLE LAW , STATUTE ,

FOR WHAT CONCEIVABLE REASON , would any so – called ‘ normal professional ‘ EVEN WANT to HURT SUCH A gentle harmless soul as this guy was ?

And all this with the rest of nice , normal , free America -- just a few tantalizing yards beyond his barred window ... for him to watch , and never have ..)

( P.S. When I last saw him before his transfer to Fletcher Allen , his thinking was completely blocked and dulled and he was defending his abusers , the doctors. As happens often with these meds , he'd lost ALL self esteem and ALL the ability to know right from wrong. He had assumed the role of “ object “ , that which expects to have anything Done to It ...)

Another lady , there supposedly about “30 years” , was rumoured by a fairly reliable person , to have STARTED OUT there as a REGULAR NORMAL GIRL !. Their drugs MADE HER THIS WAY ! ( Very out of it , and disoriented). Rumor has it she got pregnant by another patient and the state took away her own, only , baby ; not even the smallest contact since.

( I can tell you that these “mentally ill“ ladies who have INVARIABLY lost their children to the State ,as a result of these “ maybe“ diagnoses -- they are still MORE emotionally distraught over this seizure and loss , even DECADES LATER ,( and supposedly ‘not able ‘ to remember ) than anyone on the outside I ever knew who was allegedly actually neglectful . Their loss is ACUTE , to this day ; it is central to their lives . When they do speak , it is all they talk about , to anyone who will listen.)

ANOTHER LIFE STOLEN , BY VSH , AND FOR NO GOOD, VALID REASON . AND -- THEY GOT AWAY WITH IT , TO THIS DAY! : Her whole life has been stolen ; wasted ; Loveless , AND NO ONE EVEN KNOWS !! VSH has CRIPPLED HER MIND AND BODY ( besides such a disordered mind now ,)

( also great overweight , also Diabetes now)

all this to ‘justify ‘ keeping her on as a ”chronic” ; to justify the ” Hospital ” at any cost.

When I’m sure it would not be shut down on the rare chance it was Actually Empty once in a while!

Another nice lady , TORMENTED and in ACTUAL great physical PAIN by the Zyprexa used to treat her ‘ Schizophrenia’ : she cries , SOBS , loudly of “ unbearable hot needle-like sensations over every inch of her skin after her ‘ meds’ “. So Sad .

( Who knows if she even started out this way? What possible way to find out now ?!)

Also , she has complained of VSH STEADFASTLY REFUSING in getting her the EYEGLASSES she NEEDED , FOR YEARS NOW ;

And so KEEPING her in a disabled , illiterate state for years.

As if being such an alone, lonely , helpless human guinea pig for such painful , torturing forced drugs was not enough .

Imagine not even being able to enjoy a book --- when the other patients are !-- on top of being trapped in 2 dim hallways of human zoo , in her case , for several years.

She told me she WISHED TO DIE IF IT WOULD MAKE HER FREE .

VSH wrongly detains people ; tricks them or forcibly alters their lives with such “meds” , sometimes permanently crippling their health or ability to fend for themselves in the outside world ( drive a car ; work hard ; or work all day long ; take the weather ; retain health and focus enough to be a parent or have a baby ; or even maintain the marriage or partner they already have )

Some , who would do JUST FINE on their own , in an apartment , it is easy to see , have been kept there months or even years., staff even claims , “It’s the only Home they’ve ever known” --- it makes one VIOLENTLY ILL TO HEAR THIS --- when indeed we all know , they HATE the place, every minute , and WOULD RATHER DIE than stay there.

( end page 15 of 24 handwritten)

Literally ALL who ( eventually) leave there tell me – and I felt too-- that they NEVER HAD any actual real “ THERAPY ” while in there. No doctor --- NOT ONE --- EVER , was sincere ; was compassionate ; was professional ; NONE talked with them enough ; or actually did any actual Healing .

None. They ALL felt they’d been used as guinea pigs for the drug thing , had their lives stolen and wasted , and NOTHING MORE .

13 -- Staff has been caught ILLEGALLY SNEAKING DRUGS INTO ( liquid form) the dining room FOOD AND DRINK , indiscriminately , for ALL PATIENTS ! . Even those NOT COURT ORDERED to take any drugs ! Dangerous and Powerful meds , with plenty of side effects , like Risperdol.

14 -- Mental Health Law Project (a type of Legal Aid) DOES NOT attend to , and represent , all patients ; there is NO GUARANTEE of legal representation while in VSH. The staff of 3 or 4 lawyers works slowly, painstakingly with one patient at a time , and my feeling was , only if that Pt. Had a good, attractive chance for release.

NOTE : I didn’t see nearly enough of them working with and through, say, Vermont Protection and Advocacy , to target Pts. in there that might be alone in the world , over-medicated, and wrongly medicated , and though not ready to leave ( SOLELY BECAUSE OF THE MEDS ) , still URGENTLY – right now ! --- needed their MEDS ADJUSTED !! . To avoid permanent damage ; and / or to begin to heal at all and get out!

When they visit , the staff of MHLP or VT P&A ARE NOT permitted

( as the visiting church clergy is) to go from door to door of the patient rooms  
SEEING what the situation is.

There could be people in dire trouble ; NOT KNOW help is right there waiting  
laying in their beds crying , or unconscious , from drugs. The doctors DO NOT  
MENTION THEM !!! .

And UNLESS OTHER patients vie for that person--- and bring them to  
the ATTENTION of these agencies ,--they will NEVER BE KNOWN ,  
and /or be helped. A person , soon and QUICKLY under the influence of  
these drugs , will SOON APPEAR “crazier “ than they ever were when  
they first got in there.

If they do not have STAUNCH , EDUCATED friends and family ,

or if they are not virtually College Educated , and Incredibly strong and assertive  
themselves ,

they could be in there month after month , even adding up to years , when they  
NEVER NEEDED OR DESERVED TO BE IN THERE IN THE  
FIRST PLACE !!

As of late winter , Paul Poirier , a very good man , left Vt P&A  
. And since then , Vt P&A has been doing next to nothing for all the people in  
there Not even a polite pretense..

15 - Even the United States Justice Department ( who formerly investigated  
VSH summer 03 or '04) had admitted to me --personally on the phone -- lately  
turning a blind eye to VSH. “Leaving the problems of the State , to the State”.

We can all see where the State has NO INTENTION of doing anything  
about the conditions there.

In fact the abuse there is so often Used to PROTECT STATE INTEREST !

And it is horrific abuse. It is an out-of – control ,Modern Day Concentration  
Camp ( direct quotes of the pts down in B-1 ) and that is NOT inaccurate. Thing is ,  
it is unchecked , unregulated , utterly , within the state : totally out of control.

--- We are not allowed the use of pens ( fear we'll “attack someone or commit  
suicide with them”) when – I never once saw one Pt. Attack another, and—ALL  
the attacks were BY the STAFF upon the pts, and  
NOTE : ( even in the prisons the use of things like pens, and crocheting ( hooks)  
are Encouraged and considered THERAPEUTIC -- and I NEVER saw any  
assaults there either ! )

It is very, VERY , difficult to write out such as a lengthy , Crucial , legal paper on  
your own with a dull little golf pencil , that won't even copy nearly dark enough  
NOTE : And it is very hard to get people IN POSITIONS to read or  
TAKE SERIOUSLY things written ,childishly ,in pencil,  
although some of it is the most urgent things a person may have to write in their

life. Even conceivably to SAVE THEIR LIFE ; or their sanity. Or lives of others

Also , pencils can --of course --- be erased ; complaints tampered with..

--- Along with the willful separating of pts from their housing to necessitate or lengthen stays , the VSH “social workers” – in my direct experience Norma D’Anca – drummed up a new policy of “ REFUSING TO MAKE COPIES OF ANYTHING for the patients” ( This after many of the Pts complaints I organized with the input of the others , and copied , made it to the desk of Dr. Paul Jarris, Health Commissioner , assigned to investigate VSH after the 4 patient suicides.)

Just like that. No justification. And this OK’d BY THE DOCTORS !

A COMPLETE GAG on ALL communication going out of the hospital.. For the many Needing legal work--- but not having a MHLP Atty , ( i.e. such as with Habeus Corpus ) --- and so needing to do it themselves --- it can be literally IMPOSSIBLE without being allowed to use a copier. Last I heard , urgent request for Legal Copies was left to VT P&A , who then FLATLY REFUSED to do anything ; to make Any copies for the Pts.

No Copies ; No Pens ; No ( extreme time limitations, 15 minutes per day) typewriter, OR computer ; No Law Library ; No Internet ; EXTREMELY limited Attys ,

All Equal : NO HOPE --- OR EVEN CHANCE -- FOR DUE PROCESS , LET ALONE ACTUAL RELEASE At VSH !!!

86 Patients are Utterly Isolated here , in a way Not even Imagined by the everyday outside world just around them. Many helpless under drugs (some have forgotten : How it was they even came to be in there in the first place ? )

87

88 NO WAY OUT . No One to listen, except for the other Patients.

89 No one knows. And the occasional newspaper that Investigates , they are well- intentioned enough , and thorough in a lot of ways , but they OMIT one thing, the MOST IMPORTANT thing ;

90 THEY NEVER INTERVIEW THE PATIENTS. They – we – HAVE the legal right to interview , and many of the patients are incredibly , competently , courageous and willing to interview – and they have the Unspeakable to tell. News interviews usually have NOT GOTTEN PAST THE DOCTORS and some of the “ CHARGE “ NURSES , and I know first hand , that these are the LAST people that can be TRUSTED to tell about the hospital honestly, THEY ARE USUALLY THE PROBLEM , the source of all abuse , misery

91 ( Even if ‘ timing poses a problem,’ ( Drs claim) ‘ visits from press conflicting with activities’ , PHONE interviews with these patients are an incredibly EASY , accessible way to reach ANY OF THEM , ON ANY DAY , and 95% would be ABLE and WILLING to INTERVIEW ). It is supposedly illegal

for these calls to be wiretapped, state law.

(end page 16 of 24 handwritten)

TO BE CONT'D

AND THIS UNPRECEDENTED ISOLATION IS SOMETHING THAT THE DOCTORS EXPLOIT TERRIBLY:

On paper , the T.18 Mental Health laws that were in effect in 2004 - 2005 looked just fine .

They allowed for due process before committal ; for written rebuttals and witnesses ; for 'qualified' doctor examinations.

Supposedly the judges were never to abuse their position , and good judgement . Judges that were never supposed to be able to be fooled , or " compromised " by the doctors ( with presumably real trouble for the doctors if they ever tried this . ) Judges that supposedly upheld justice ; and who certainly had anything better to do than take some unfortunate innocent person , and for no reason , bury them alive : in years of undeserved incarceration . Or under a mountain of villainous drugs that -- the doctors knew then , and know now -- no human being's average metabolism could ever struggle out from under . For years : possibly even in a lifetime .

And if they did , there was the Judicial Conduct Board to discipline them . To see that there was , actually an end , to what should never have happened in the first place .

THE TROUBLE IS : THE LAWS HAVE BEEN IGNORED , even then , AND DISOBEYED STEADILY THROUGHOUT .

AND EXCEPT FOR THE THREAT OF DECERTIFICATION FROM THE FEDS , WE HAVE YET TO SEE ANY REPRISAL COME FROM THE STATE .

With the result that many , many people --- who are not supposed to be allowed to spend more than 1 1/2 years in VSH --- who , the staff told me , are , by law , to be MOVED OUT to a more beneficial place after one year Maximum , if VSH cannot help them --- THESE PEOPLE HAVE BEEN KEPT HERE FOR YEARS ON END , EVEN DECADES !!

1 -- Like one tall , older , Very agreeable , friendly and SAFE gentleman down in B-1. He shared the art room with us all the time ; He had NO fault that I could see except that he mumbled quite incoherently . Now , knowing what I know about the meds , I have reason to think that his speech was maybe coherent before the meds!

---

2 & 3--- Like the ---( not just one , as mentioned before )--- but 2 ( two ) older ladies up on Brooks 2 who had been here , said nurses " for as long as anyone could remember " ; who were now totally disordered / unkempt / way overweight , diabetic , skin disorders / had both LOST ALL of their children to the state , as a result only of their " mental illness " , ( a " mental illness " that might've very well ONLY come into being AS A RESULT OF VSH and its MEDS , and nothing more ! Since I heard about one lady that she was ORIGINALLY COMMITTED BACK IN THE EARLY 1960'S for no other 'grave 'offense than BEING A SINGLE TEENAGE MOTHER in those days . ( Of course they took the baby , who she's never seen since . But then they even

had to bury her alive after that.)

---

4 ---- Like another completely gentle , intelligent , agreeable , clean , and SAFE middle-aged lady up on B-2 ;who could live anywhere ,in any town , or apartment . Who could get along with anyone ; I would not hesitate to have her as a neighbor even now . But she was committed by Judge Kathleen Manley WELL BEFORE 2004 ( I saw her legal papers with my own eyes , with

this patient's own permission ), She was committed under the FALSE claims of :  
--- being " dirty , and dangerous ; standing 'too near ' other people " this was supposedly, the egregious , serious and imminent 'Harm and Threat' that had her LIFE STOLEN FROM HER.

FROM THE SAME JUDGE WHO STOLE MY CHILD ( and so the very best part of my life ) / WHO STOLE MARYELLENS' LIFE , reduced it to traumatized rubble / WHO STOLE the small older gentleman's ( RAY's ) LIFE ---- FOR HE IS DEAD NOW !! HE HAS SINCE DIED AS A RESULT OF ALL THIS !!

--- and as I understand it , THIS PT IS STILL IN THERE NOW .  
Although she is well into her 50's , there was some issue of someone in DMH moving the courts to be her ' guardian"

---- and then there was talk that VSH garnished either , her pre-existent pension , or other Substantial inherited allowance ; USING IT TO PAY HER WAY thru VSH ! as if being stuck in there is not humiliating Hell enough ! What greater example of intent THAT THEY NEVER INTEND TO LET HER GO ???!

---- and then when this Pt . CONSOLES herself , with the quasi - denial mechanism of referring to certain in DMH and/or VSH as " family" --- ( probably to keep from really Losing it , as a result of being helplessly kidnapped / and robbed / and held so long , kept from her own Real , Free Life . ) --- then VSH doctors ( DUNCAN , again ) accused her of having " Delusional Disorder "

--- and even when the psychiatric standards declare that " Delusional Disorder is Best treated Not by drugs , but by therapy " --- VSH has her FORCE - DRUGGED !

--- we kept up correspondence till recently / she was terrified that VSH " wanted to really increase her drugs " when I KNOW she does not need this , and would likely be very harmed by this , as she already has permanent SIDE - EFFECTS from the first drugs .

--- then , SUDDENLY , I am told by someone else " SHE DOES NOT WANT TO SPEAK " to me . I have a feeling that they went and SEVERELY DRUGGED HER ; there is no other reason she would drop off for no reason like that . NO reason that she would even want to ! I have no idea what happened to her ...

---

5 --- Take for example , ANOTHER OLDER LADY WHO'D BEEN IN VSH " FOR YEARS " ( decades , I was told ) . She was in her 60's ( ? ) , a TINY , SOFT , HARMLESS PERSON just the VERY SWEETEST , FRIENDLIEST THING , who one of the nurses told me " used to be a nun for 22 years " ; also who had " left the order to have a baby ; for this 'reason' she was committed to hellish VSH " .

I personally witnessed her being just as nice as she could be , to absolutely everyone around her ... and yet I never once saw her that she wasn't extremely , Heavily medicated .  
To the point where she almost never got out of her nightclothes , and she often slept for most of the day . She was certainly Medicated . ; not " tired " or " ill " .



But then I witnessed VSH staff just start picking on her -- for NO REASON whatsoever ; try to block her , shove her .

Then when she panicked and flailed her ( small , weak ) hands , the staff yelled out that she was " Combative " / and yelled out for more " STAFF !! " . The same old sickening story .... And then 10 or so burly young adults -- devoid of ethics , brains , compassion , or apparently any fear of reprisal -- would gang up on her / and wrestle her to the ground / ( she was SO TERRIFIED !! ) / and they would then forcibly roll her and WRAP HER IN A BLANKET , AND DRAG HER ALONG THE FLOOR LIKE THAT !! with her screaming and crying all the while ... Then she was DRUGGED .... EVEN MORE than she was already ( to a degree that even I would not like to have to try to endure , @ 20 years younger -- this was how they KEPT HER !

Then she was dragged down the hall and locked in a SECLUSION ROOM , where she just wept and wept ... Impossible to hear , without losing one's Temper !! Or crying all night , too .... I tell you , she DID NOTHING TO DESERVE THIS !!

AND SHE WOULD GUARANTEED STILL BE IN THERE NOW , EXCEPT FOR THE HEART ATTACK THAT ALMOST KILLED HER !!

Late one night , she started crying out that " she was dying " . She was having all the symptoms of a massive coronary : deathly white / dark blue lips , / horrid chest pains .

I was told " To go back to my room before I was punished " ( I was not even allowed to hold her hand , as she begged me to do ) . Yet , even far around the corner , within the hall phone booths

I could hear her very harsh , labored breathing . I heard the words said , " ...pulmonary thrombosis .... " ; and as MANY minutes passed by ( over 20 ? ) , and no one seemed to be doing anything , I alerted the local medical Hospital ; also called 911 .

Once again I was screamed at by staff menacingly , and severely threatened . But at least this time something transpired ; due to her age , possible medical history , some other obscure reasons , she was released outdoors , on a stretcher to hospital . And mercifully she never had to see the inside of VSH again . She recuperated slowly , and Thank God , found final refuge in a quality Nursing Home that she liked . ( I called her on the phone there , and she sounded very relaxed and happy ) .

But I think it is safe to say , that were it not for the heart attack , she would still be within the halls of VSH to this day . That is no way to live , and certainly No Way to die !!

---

BUT NOT EVERY ONE MADE IT OUT OF VERMONT STATE HOSPITAL ALIVE !! AND THIS , tragically , WHEN THEY NEVER SHOULD HAVE BEEN KEPT IN THERE TO START !!

6 -- I can truthfully say that VSH KILLED VALERIE DUBUQUE ; SHE WAS THE PT WHO COMMITTED SUICIDE IN OCT 2004 . THAT IS , VSH CERTAINLY DROVE HER TO HER OWN SUICIDE .

The newspapers , and her own family quoted there , cited her " mental illness " as the cause of her suicide . But those of us who knew her there , knew that this was not true . For she TOLD US OTHERWISE HERSELF !

It was true that she had a problem with " hearing voices " . It might have even been true that she started out as a VOLUNTARY COMMITTAL . Which

makes the end of the story even sadder yet .

Here she was with a LIFE ; a nice home to go back to ; children ; grandchildren . The original idea was to try to get some help to quiet the voices . And if VSH could not help , then she SHOULD be free to try some where else ? Or go home again , and just put up with it ; after all , she had made it this far , right ? She certainly did not Start out as a " Threat to self , " let alone " to others " . She was quite a regular person to be around , no problem at all .

But then she has VSH's DOCTOR MOLLOY imposed upon her ; and even long after he had shown to be NOT any good for her --- in fact to be quite harmful ---- DR. SIMPATICO REFUSED to assign her a new doctor . ( --- this was the SAME way it went , for absolutely ALL OF US . When the very necessity of one's stay there was even in question , let alone the question of safety ---- THE THING TO DO NOW WAS TO EXHAUST THE STATUTORY REMEDIES , ASAP to see if these people should not , maybe , be right back in the FAR GREATER HEALING , LEAST RESTRICTIVE ENVIRONMENT OF HOME ( with or even without local or peer - based help ; since VSH was the far greater threat )

But no , this Dr . MOLLOY immediately got her started on " meds "... then more and more . And then , the following she TOLD ME HERSELF :

" That the meds made her sick , made her deathly sick ... And the meds DID NOTHING to quiet the voices , she still heard them all the same ... now this , even on top of being so sick from the meds , it was too much to take ... she told Dr Molloy this , and he did nothing except BERATED her in a very ugly , humiliating way , to the effect of : " It's all your fault now , you're the one not trying 'hard enough' ; and No , I will not take you off the meds . In fact , I'm going to keep you on the meds . And even if you EVER want to go home --"

( -- REMEMBER , SHE STARTED OUT AS A VOLUNTARY! -- )

" --- Then it will only be under an order from me that you stay on these meds , just the way that I say , for as long as I say : MAYBE FOR THE REST OF YOUR LIFE !"

She said to me herself that it was " Life in Hell ; truly Unendurable . " She also said that " ALL her attempted COMPLAINTS ' to the top ' GOT NOWHERE " .

She managed to get a visit back home in October 2004 . ( These PPV's are EXTREMELY HARD TO GET , almost no one gets them , although by policy they are 'promised' .

Usually the only people to actually get PPV's are those With Family ; Although how unfair is this to singles without family ? Who need just as much to see Home , breathe fresh air again ? )

Well , she meant it when she said " VSH and its doctors and drugs , were unendurable " , for she did Not endure it . While home that weekend , she killed herself .

HOW SAD IS THAT ???!! WHEN ALL SHE WANTED TO DO WAS RETURN HOME ALIVE , AND STAY ALIVE AT HOME , with beloved family ???!!

---

BUT , in my opinion , THE SADDEST STORY OF ALL is the story of the VSH - INDUCED DEATH of RAY NOYES :

He was the " nice older gentleman " I wrote about back in Pt. 2 of Rebuttal (# 11), another of the ones WRONGFULLY COMMITTED AND FORCED MEDICATIONS APPROVED by JUDGE KATHLEEN MANLEY---- even to be continued to be Sabotaged by Drugs in Outpatient Life, AFTER he left VSH , WHEN these drugs had NOT HELPED him in the least , but they had in fact , DEVASTATED , DESTROYED HIS HEALTH ; they MADE HIS MIND to be racing and disordered , when he was happier enough without.

LITHIUM , was the drug they abused and pressed upon Ray here , seemingly without end . They claimed " he needed it " .

Ray said (--- and I agree , seeing him and knowing him ---) " That he did not 'Need it' ". For, WHEN COMPLETELY OFF ALL DRUGS , all he ever got was just a bit talkative ; I.E. talk to himself at dinner table if there was no one else to talk to .

NOT A BIG DEAL !! HE COULD DO A LOT WORSE !! This certainly does not constitute any legal " Serious , Imminent Harm or Threat to Self or Others" , ---- it is nothing more than an inconvenience . And for those who " don't like it" ---- it could be argued , that for humane reasons , that this does not warrant that a good man lose his LIFE and LIBERTY over this relatively trivial matter . Especially as VSH and their DRUGS HAD ALREADY FAILED HIM : they did NOT " make him better " : IF THEY CANNOT HELP HIM , THEN THEY CANNOT HOLD HIM INDEFINITELY !!

---- the VSH drugs made him depressed , angry , made him burst out into tears often ,

---- made his hair thin even faster than it was already ; MADE HIS TEETH LOOSEN AND FALL OUT ! MADE HIS GUMS BURN AND PAINFUL . ( This I saw WITH MY OWN EYES to be true ; back when I knew him he still had many teeth in his mouth , but he was losing them rapidly ; I also saw that VSH IGNORED HIS TEARS AND HIS COMPLAINTS and kept the LITHIUM at a very HIGH DOSAGE !!

---- Although he was a small man , he had a nice voracious appetite ; he frequently enjoyed double orders of certain food . He seemed to need to eat this much .

BUT IF THEY WERE GOING TO ALLOW -- INDEED MAKE HIM -- TO LOSE ALL HIS TEETH , THEN VSH HAD BETTER TAKE RESPONSIBILITY FOR GETTING HIM GOOD DENTURES , for he was going to need them , just to keep his own weight up !

BUT THIS WAS NOT WHAT HAPPENED .

I was OVERJOYED , Euphoric , to hear that he had finally gotten out of VSH in the spring of 2005 , and heard that he went to an " agreeable half - way house " in the Montpelier area .

This was CONFIRMED , when he wrote me himself from this new house ( as I know well his handwriting , for he , like all the other patients who wanted their stories HEARD BY CMS, THEY ALL GAVE ME THEIR BEST ATTEMPT

AT THEIR OWN HANDWRITTEN NOTES detailing their specifics ; I included these with my own extensive complaint ,in the large packet addressed to Boston) And so I had a nice letter right from Ray / definitely in his own handwriting / postmarked from Montpelier /that all was well

And then I heard just 2 years ago the last thing that I ever wanted to hear: that , somehow , RAY WAS BACK IN VSH .

The story seemed to be that after several good years , Ray was a little absent-minded ( from the forced --outpatient - drug order , if you ask me , since ALL the Pts. complain that one of the main things that the drugs always seem to attack is their memory). He did not intend to , but he walked out of a restaurant without paying the tab (later on he said , " he thought for sure that he had a [ welfare ? or meal voucher ?] "type of account" with the State that this restaurant could bill direct to " ; I am confident that he is not some kind of deliberate thief)

It was not a fancy restaurant . The amount was NO WAY WORTH COSTING HIM HIS LIFE ; earning him to be sent back to have a DEATH SENTENCE AT VSH ,  
BUT THAT IS EXACTLY WHAT HAPPENED !!!

I only hear about all this long after he had already been back in , for quite a while ( 2 years ?). That time -- WHEN HE WAS SUPPOSED TO BE " SAFE " , TAKEN CARE OF, was all the time VSH needed to finish him off .

As soon as I heard , I called him at least 2X a week on the telephone . ( He was down in B-1 , the " lockup for violent men", and he now 65 y. o., and not over 90 lbs )

The first thing he said was " Help me , help me " . When I asked what was the most wrong , he said " the meds " .

Same thing . Violently sick from the meds ALL THE TIME , but now NO ONE will listen .

Now , ALL HIS TEETH HAD FALLEN OUT ! BUT VSH REFUSED TO GET HIM DENTURES !! ( Just as they had refused to get others needed eyeglasses / medical treatment /)

Now he could BARELY EAT ANY FOOD . He could barely get his weight up , let alone his morale . (and VSH REFUSES to give any of us MULTIVITAMINS )

He told me "the only food he could eat was at a ( state ) cafeteria further down the tunnels in the complex /and although they used to take him there / THEY REFUSED HIM LATELY / He felt he was literally " STARVING TO DEATH " "

But when VSH CEO TERRY ROWE was confronted with this , her reply was that " Ray was 'ANOREXIC ' and 'CAUSED HIS OWN PROBLEMS ' "

When I first knew him during my stay back in 2004 -05 , Ray was 61 years old . He was wiry but VERY HIGH ENERGY , AND ALWAYS OPEN to something new and positive .

We used to play even a LITTLE BASKETBALL TOGETHER ! And very rousing games of PING - PONG . He LOVED to read good books .

He could write a good letter ; would talk for hours. That was ALL CHANGED NOW .

As so often happens with the forced meds, he COULD NOW BARELY WRITE ( a "patient representative" forwarded our handwritten notes to each other; his were now brief and scrawled.) . He GREW TIRED TALKING ; just a few minutes at a time over the phone, and most of this 100% HOPELESS AND DESPONDENT .

Ray said he would really like some good books. " 20,000 Leagues Under the Sea " ( by Jules Verne ) and a stack of National Geographic magazines, ( w/ color photos of nature ) some easy reading . I went to great lengths to find the book, and I sent these and the NG mags, w/ the Pt Rep., to SEE that RAY GOT THEM , and soon ! Not in 6 months, which is the usual , sadistic, needless VSH delay!

Despite all our efforts , it TOOK RAY ABOUT 6 MONTHS JUST TO GET THE ONE ( paperback ) BOOK! The nurses WITHELD the nice stack of Nat.Geog.'s --- NEVER gave them to Ray , REFUSED TO EVEN RETURN THEM TO ME!!! saying that " Ray might ' kill himself ' using one of these magazines " ( How enraging , and hopeless, demoralizing , for Ray )

The Patient Rep said " Ray was ALARMINGLY THIN AND WITHDRAWN " . It was confirmed to me by this REP , by RAY , and by a nurse , that indeed " Ray needed portable oxygen treatments much of the time ; that he'd had trouble breathing within the last year ." There was claim that ' he'd been seen by outside medical hospital several times ' but I could not seem to get a clear answer as to what that treatment -- or diagnosis -- even was .

Then , THE VERY SAD NEWS last APRIL, 2010 , THAT RAY HAD DIED , of " Respiratory Failure "

but which many advocates -- myself included --- feel was LINKED INEXTRICABLY to the DELIBERATE , SADISTIC and SYSTEMATIC , OVERALL HEALTH EROSION CAUSED BY VSH MEDS and so by the VSH DOCTORS ( Including DR. SIMPATICO ) THAT mercilessly , brutally FORCED THEM onto trapped , helpless Pts.-- right to the fatal end .

That this " Respiratory Failure " almost certainly had a component of the " Sudden Cardiac Death " , that is SO very COMMON among psychiatric patients on forced drugs. On an average , these patients DIE 25 YEARS YOUNGER than the average person who is NOT ON FORCED PSYCHIATRIC DRUGS!

ALL OF THIS SYSTEMATIC PATIENT DESTRUCTION , WITHOUT ANY ( even one iota ) OF THE REQUISITE " HEALING " .

In a so - called " Hospital " , which nonetheless REFUSES its patients ALL the NEEDED FRESH FOOD / FRESH AIR / EXERCISE / GOALS HOPES, or even GOALS TRAINING / or RELATIONSHIPS , needed to sustain a feeling of LOVE , of HOPE , and of being in active LIFE,

----- Everyone at VSH ( regardless of lack of " guilt " or " Mental illness " ) is FORCED TO REMAIN , INTERMINABLY , SINGLE ( even if Loneliness was the awful root problem to start ! )

-----there are NO MULTIVITAMINS given , OR EVEN ALLOWED by , say , friends or family to bring in /  
----- NO VITAMIN C if you are sick , ( Dr.DUNCAN waited until I was almost with Pneumonia from a severe flu---for a week! ---before he gave me a suspect "V-C" , for "prevention"( now that I Already Had one of the far worst flus I ever had , compared to on the outside). This pill was strange , chalky , had NONE of the tanginess or EFFECT of V-C-- I suspected it might rather be " meds" ---- so I spat it out .  
----- not even FRESH GARLIC or HONEY allowed as antibiotics  
----- No ( fresh , whole ) SOYBEANS WERE ALLOWED / even if a person was a VEGETARIAN / and even if nothing else worked for that person , regarding PRE - MENSTRUAL SYNDROME  
( With its " phytoestrogens", Soybeans are an almost miracle cure for PMS! ) But isn't it just like VSH to withhold this -- then trump up the inevitable PMS as "psychosis" -- and start in with poisoning "meds" like Risperdal , Zyprexa.

And so on and so forth . The List goes on and on .

On the bottom of some of the CMS report pages , re : the 1st VSH Decertification , it can be seen , the signature " TERRY ROWE , CEO " . She was CEO BACK THEN , just as VSH was being WARNED TO DISCONTINUE , and to FIX all these GRAVE MISDOINGS ; she was still CEO at the time of MY ENTIRE STAY there at VSH ; and yet all of the same filthy , deadly demoralizing garbage was still going on in the same way , of which I ALERTED HER TO ALL THIS , in IN-HOUSE MEMO'S , AS I ALSO ALERTED DR. THOMAS SIMPATICO , in same memo's----- AND NOTHING EVER CHANGED !

----- there was finally the expected , 2nd Decertification  
----- AND STILL MY DEAR FRIEND DIED ( at only 66 y.o.) : In an inhumane , legally grossly - violated , humiliated , starved , medically abused ( tortured , really ) sort of way . In his old age , when he should have been content , relaxed , and respected , he was instead : Interminally , unjustly Captive and confined ; bored , sad , scared , lonely , unfulfilled --- all of these to a morbid extreme --- with not even the haven of his own FREE mind to escape to , for even that had been taken from him by VSH...

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